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# Lifestyle and Self-Esteem of Generation Z in Gadget Purchasing Decision

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## ABSTRACT

The consumer purchasing decision is one of the important aspects for companies to assess the success of their products. Consumer purchasing decisions can be caused by the lifestyle and self-esteem of each consumer. This study aimed to find the dependencies between lifestyle and self-esteem with the decision to purchase gadgets in Generation Z. The type of research was quantitative research with a judgmental sampling technique. The samples were 100 respondents with criteria ranging from 1990 to 2010 who had purchased a device at least once. Data collection techniques used questionnaires. The data processing application used SPSS 25 with the chi-square technique. The results showed that lifestyle and self-esteem have a dependency on consumer purchasing decisions.

*Keywords:* lifestyle, self-esteem, device purchase decisions, generation z

### **INTRODUCTION**

In the modern era, humans experience rapid development. This development holistically affects every aspect of human life which results in different characters in each generation. Since the emergence of the theory of our generation, we have been introduced to various generations such as Generations X, Y, and Z. Philip (2019) mentioned there were five generations born after the world war, namely baby boomers (born in1946–1964), Generation X (born 1965–1980), Generation Y (born in 1981–1994), Generation Z (born 1995–2009), and Generation Alpha (born in 2011–2025). Currently, Generation Z has entered a productive age which makes it the holder of a milestone in the development of a nation. This is supported by various privileges possessed by Generation Z because it was born amid the development and progress of human civilization.

Generation Z in general has the following characteristics: (1) social, which is very intense interaction through social media; (2) fluent in technology; (3) expressive, that is, tend to be tolerant of cultural differences and very concerned with the environment; and (4) quickly move from one job thought to another job owner (Wibawanto, 2016). These characters are predominantly formed by social and environmental situations that occurred when Generation Z was born and grew up, namely during the modernization period. The rapid development of technology has provided so many conveniences in accessing information, this has made Generation Z a generation that is responsive, rich in information, and able to absorb developments. However, these various developments also affect the lifestyle and psychology of Generation Z.

Generation Z's openness to information makes their life needs more diverse. Especially the need for various electronic devices that play an important role in supporting the activities of daily life. One of the electronic devices that is a vital component for Generation Z is a device, especially a smartphone. According to Williams and Sawyer (2011), a gadget was a cellular phone that combined the functionality of a PC and a handset, so that it produced a luxury gadget that included text messaging applications, cameras, music players, videos, games, email access, digital TV, search engines, personal information managers, GPS, internet, and wallets. digital.

The facilities contained in the device are not only limited to telecommunication functions, for Generation Z the device is also used as one of the lifestyle icons. A smartphone is a communication product that provides prestige value for its users who have become part of the lifestyle of Generation Z and society in general. The need for gadgets, especially the type of smartphone for the community, makes the gadget no longer a secondary need but a primary need. Coupled with device manufacturers who are increasingly competing to produce and develop gadgets with the latest technology, gadgets are no longer just a necessity but have become a symbol that determines one's existence.

The ability to send messages and receive messages, take pictures, or even record them on a device is currently a social standard that Generation Z must-have. However, the quality of these features greatly affects the existence of a person in a social group. the use of a smartphone with a certain brand will give you special pride because it has good specifications and high quality. This indirectly affects a person's self-confidence, gadgets are no longer viewed based on their basic functions but based on quality, specifications, and accompanying brands it has an impact on consumptive behavior that increases the number of device purchases. Generation Z, who is currently young, tend to adopt other people's traits to see if those traits suit them. They observe and try to do the same thing to fit themselves in so that they can fit into certain social groups. For example, when several groups use smartphones with certain brands that are popular among the public. If they do not have a smartphone with the same brand, they feel that they are individuals who are behind the times and not "up to date", so that it can have an impact on existence that affects their influence. one's self-esteem to himself or often called self-esteem. Johnson states selfesteem is an evaluation of a person in assessing himself, namely how satisfied a person is with himself (Sveningson, 2012). The level of individual self-esteem can be seen from several characteristics shown by the individual. Rosenberg and Owens suggest that individuals who have high self-esteem show themselves as optimistic individuals; proud and satisfied with themselves; more sensitive to the level of ability and competence, ignore negative feedback and seek feedback on competence; accept the negative events experienced and try to improve themselves (Guindon, 2010). On the other hand, adolescents with low self-esteem tend to show characteristics such as pessimism; dissatisfaction with themselves, wanting to be someone else or to be in someone else's position; more sensitivity to experiences that will damage their self-esteem (disturbed by criticism from others and more emotional when experiencing failure); tend to see events as negative (exaggerating the negative events experienced).

The lifestyle of Generation Z which tends to require electronic devices, especially capable smartphones, is also influenced by the level of self-esteem of each individual. Someone who has high self-esteem will not try to prove his position by showing ownership of a prestige symbol but will have more confidence in his quality, on the contrary, what happens if someone has low self-esteem. The need for self-existence and freedom in socializing is an effort made by a person to show his social position in society, one of which is by owning a device that has a high value in the eyes of society. This indirectly affects the purchase of gadgets by Generation Z. They have a strong

desire to continuously upgrade the specifications of the device following the latest technological developments and production. Therefore, this study will try to prove how Generation Z's lifestyle and self-esteem are in buying gadgets.

Starting from the phenomena mentioned above, this research aims of describing, test, and analyzing the dependencies of lifestyle and self-esteem with only the decision to buy a Generation Z device.

## **Generation Z**

The theory of generation was first introduced by Karl Manheim in his essay entitled The Problem of Generations which was then continuously developed by experts (Rachmawati, 2019). Kupperschmidt (2000) defined a generation as a group of individuals who identified their group based on the similarity in a year of birth, age, location, and events in their life of a group of individuals. which has a significant influence on the growth phase.

The theory of generation was developed by many experts, but broadly speaking, these generations can be classified into several generations, namely, the baby boomers generation, Generation X, Generation Y or commonly referred to as millennials, and Generation Z called Generation Z also as iGeneration or net generation (Putra, 2017). In 1990, Stillman began to conduct his research by researching the various generations and dividing the generation starting from the Generation of baby boomers. Each generation is born with different backgrounds and characters, such as historical factors, educational background, environment, technology, trends, and culture. In addition, there are micro factors that can influence the character of an individual, such as the family environment in which a person grows up has a stronger influence than macro factors such as trends that are emerging when an individual grows up (Stillman & Stillman, 2018). While Kupperschmidt (2000) divided generations into several, namely Generation X with a range of 1930–1980, Generation Y with a span of 1980–1995, and Generation Z with a span of 1995–2010.

Generation Z was born between 1995 and 2010 (Kupperschmidt, 2000). This generation is the generation that was born and grew up at a time when digital technology is developing rapidly. You could say that technology has started to become a part of everyday life, therefore Generation Z is a digitally native generation who grew up with technology. Since childhood Generation Z has been familiar with sophisticated devices, for example, smartphones.

Cell phones are one of the most important objects for members of Generation Z. Almost all the time, the cell phone is always in their hands. When talking with other people in the real world, at the same time you can also establish communication with other people in cyberspace. Sigarlaki (2009) added Generation Z is a generation that easily loses focus and is dependent on technology. When they are active with other people in the real world, Generation Z members can also relate to people in cyberspace. The short message service feature makes it easier for Generation Z to establish long-distance communication. However, the ease of instant messaging reduces the intensity of encounters in the real world, which is different when compared to the previous generation.

Generation Z is very adept at using the internet, smartphones, computers, and other digital devices. All devices used are connected to internet facilities. Various kinds of information needed only need to type your finger and keywords in a search engine. The habit of looking at the cellphone screen makes Generation Z more accustomed to visual stimuli. Google and YouTube are both places and sources for digging for information. In addition, social networking trends have also become very popular among Generation Z teenagers.

So broadly speaking, Generation Z is a generation that grows together with technology and cannot be separated. Generation Z as the current young generation is expected to become a generation that is ready to face the future in the digital world, with telecommunication technology proficiency coupled with good social skills, Generation Z can certainly be a superior generation.

# Lifestyle

Lifestyle is the way a person does activities, carries out interests, and chooses various choices in his life. Lifestyle describes "one's whole self" in interacting with the environment (Kotler & Armstrong, 2007, p. 192). According to Mowen and John (2002), lifestyle showed how people live, how to spend their money, and how to allocate time. In addition, lifestyle according to Rismiati and Suratno (2006) was a person's pattern of living in daily life which was expressed in the activities, interests, and opinions concerning. Lifestyle reflects the whole person who interacts with the environment. Therefore, it can be concluded that lifestyle is a person's lifestyle which is expressed in his activities, interests, and opinions in spending his money and how he allocates time.

Behavioral patterns will always be different in different situations or social environments and are always changing, nothing is fixed. An individual's lifestyle, which is characterized by individual behavior patterns, will have an impact on the health of the individual and subsequently on the health of others. In "health" a person's lifestyle can be changed by empowering the individual to change his lifestyle but changing it not only for the individual but also by changing the social environment and conditions of life that affects his behavior patterns. It must be realized that there are no standard rules about the "same and suitable" lifestyle that applies to everyone. Culture, income, family structure, age, physical ability, home environment, and work environment, make various "styles" and living conditions more attractive, applicable, and acceptable.

Mowen and Minor suggested there were nine types of lifestyles, namely, as follows (Sumarwan, 2011, p. 45):

- 1. *Functionalist* is the lifestyle of a person spending money on important things and being less than 55 years old and married. The use of assets spent on important things such as education, health, and rental housing. This lifestyle usually occurs in factory workers, construction workers, and other unskilled workers who have low to average education. People who have a functionalist lifestyle are caused by mediocre property ownership and lack the opportunity to increase their level of life, so they tend to use the assets they have only for things that are considered important, especially those who do not. have a high educational background, so they lack the vision to change the situation.
- 2. *Nurturers* lifestyle focuses more on raising children, building a household, and family values. This lifestyle is usually practiced by young people who are just starting a household so the use of their wealth is focused on family life and building a comfortable home for their lives. later. Usually have an average economic level and higher education. People who have a nurturers lifestyle tend to want to have a normal, comfortable, and safe life so that from the start of building their household they will focus on preparing the family. This is due to their high educational background and economic adequacy so that they can formulate a more optimistic vision and mission of life.
- 3. *Aspirers* lifestyle focuses more on enjoying a high lifestyle by spending an above-average amount of money to get status, having a high level of education, and a high economy.

People who adhere to the aspirer's lifestyle have an environment of high social status caused by opportunity because they also have high education and economics. However, they are then obsessed with living in luxury without interpreting its essence, so they tend to have a desire to continue to increase their extension by buying various products.

- 4. *Experientials* is a person's lifestyle that prioritizes spending money above the average on goods that are entertainment, hobbies, and pleasures. Usually owned by a group of entrepreneurs who have average education but are persistent in their work, they have a high economic level. People who have experientials lifestyles tend to like their hobbies, so they push themselves to work so that they can fulfill various needs that can support hobbies.
- 5. *Succeeders* is a lifestyle that has the highest economic level but prioritizes long-term effects such as education, investment, and self-development. This lifestyle usually has an established household, has a middle age, and is highly educated. Usually, this lifestyle is owned by big entrepreneurs who prioritize the progress of their business. People who have the lifestyle of succeeders in addition to having a high economic level are also intelligent and visionary people who come from a good educational and social background, so they always mean different. I things wisely and positively for the sake of self-development.
- 6. *Moral Majority* is the lifestyle of a person willing to spend big on educational organizations, political matters, and the church. This group is in the empty-nest stage. Has the second-highest income. Single breadwinner. Usually owned by highly educated and highly educated people in the economy. People with a moral majority lifestyle have very high social sensitivity and tend to have experienced various events that encourage them to participate in helping to improve social welfare.
- 7. *The golden years* lifestyle is owned by retirees and has savings that are used for entertainment in old age and renovating homes for the comfort of life after quitting work. Usually owned by people with high education and high economy. People who have the lifestyle of the golden years are usually people who spend their productive days working and developing their potential so that they have enough knowledge and wealth to be able to arrange a good retirement plan.
- 8. *Sustainer* lifestyle is a lifestyle owned by retirees or old age. It has the highest level of income and is spent on mere entertainment such as alcohol, prostitution, and gambling. People who have a sustainable lifestyle are people who tend not to use their productive time with positive things, so they cannot control their attitudes and behavior even though they are old.
- 9. *Subsisters* lifestyle is owned by people with low socioeconomic status. Most people with this lifestyle are breadwinner families, single parents, and minority groups.

Lifestyle measurement can be done by psychographic analysis using AIO (Activities, Interest, Opinion) indicators. Psychographics are quantitative measurements of lifestyle, personality, and consumer demographics. Psychographics is often interpreted as a measurement of AIO (Activity, Interest, Opinion), namely the measurement of activities, interests, and opinions of consumers. Psychographics contains several statements that describe the activities, interests, and opinions of consumers. The psychographic approach is often used by manufacturers in promoting their products (Jushermi, 2013). Plummer and Assael explained lifestyle will develop in each dimension (AIO) (Nugroho, 2013) which is then identified in Table 1.

T	Table 1. Lifestyle Inventory				
Activities	Interest	Opinion			
Work	Family	Ownself			
Hobby	Home	Social Problem			
Social Events	Work	Politic			
Holiday	Community	Business			
Entertainment	Recreation	Economy			
Club member	Fashion	Education			
Community	Food	Product			
Shopping	Media	Future			
Workout	Achievement	Culture			

Source: Plummer and Assael (Nugroho, 2013)

Psychographics contains several statements that describe the activities, interests, and opinions of consumers. Kotler stated the psychographic approach is often used by producers in promoting their products (Jushermi, 2013) and that psychographics has always been a valid and valuable methodology for many marketers. In this study, the Generation Z lifestyle was measured based on the AIO dimensions identified by Plummer.

Plummer and Assael state that activity shows how a person spends his time in everyday life (Nugroho, 2013). From the indicators of activities, this research will use the dimensions of work, hobbies, social events, entertainment, holidays, club members, and community. The reason for using the working dimension is because gadgets are goods with a fairly high price so not all people can buy gadgets. The reason for using the dimensions of hobbies, social events, entertainment, holidays, club members, and communities is because many people in Indonesia have communities or clubs that love certain gadget brands and have a hobby of collecting and following developments. devices for self-gratification and entertainment. The sports dimension will not be used because it is not related to this study.

Plummer and Assael also state that interest is an interest that a person considers important in the surrounding environment (Nugroho, 2013). This study will use the dimensions of family, home, work, community, recreation, fashion, and media. The reason for using the dimensions of family, home, and work is that the purchase of gadget products is strongly influenced by the family, home, and work environment that likes to use gadgets. The reason for using fashion indicators is because fashion products from a gadget are related to fashion trends. The media dimension is also used because product marketing is currently being carried out with social media, so it can be concluded that the role of media is very important. The dimensions of food and achievement will not be used because they are not related to this research.

Moreover, Plummer and Assael state that opinion is a person's views both towards himself and others (Nugroho, 2013). This research will use the dimensions of self, economy, product, business, culture, and social problems. The reason for using self and culture indicators is because each individual has a different culture both internally and externally. The reason for using the dimensions of economics, business, and social problems is because economic conditions and social problems can influence consumer decisions in purchasing gadget products in Indonesia. Product indicators are used because the quality of gadget products will affect consumers in buying a product. The dimensions of politics, education, and the future will not be used because they are not related to this research. Based on the set of dimensions of each AIO indicator (Activities, Interest, Opinion), the classification to determine the type of respondent's lifestyle will use psychographic measurements containing questions designed to assess the type of lifestyle. These questions are used to reveal the activities, interests, and opinions of each respondent and will then be classified according to the type of lifestyle of each. Based on the set of dimensions of each AIO indicator (Activities, Interests, Opinions), the lifestyle classifications can be grouped in Table 2.

### Self Esteem

According to Bos, Muris, Mulkens, and Schaalma (2006), the development of self-esteem (both global self-esteem and selective self-esteem) in individuals began from childhood to adulthood, only decreases in adolescence. The drastic decline in global self-esteem in adolescents is related to the storm and stress phase during adolescence as indicated by changes in biological, cognitive, social, psychological, and academic (Bos et al., 2006).

	Function alist	Nurturers	Aspirers	Experientials	Succeeders	Moral Majority	The Golden Years	Sustainers	Subsisters
				Activitie	s				
Hobby				<ul> <li>✓</li> </ul>	$\checkmark$		V	$\checkmark$	V
Holiday Entertainment				V			× ×	$\checkmark$	V
Work	$\checkmark$	$\checkmark$	$\checkmark$	v v	$\checkmark$	$\checkmark$	v	V	v
Social Event Shopping			$\checkmark$			V		×	$\checkmark$
Community						$\checkmark$	$\checkmark$		~
				Interest	ţ				
Family	V	V					$\checkmark$		
Community Fashion			$\checkmark$	$\checkmark$		V	$\checkmark$		$\checkmark$
Work	~	~	v		$\checkmark$				
Media									$\checkmark$
Recreation				✓ Opinio	n		$\checkmark$	$\checkmark$	$\checkmark$
Ownself	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$		$\checkmark$	$\checkmark$	$\checkmark$
Culture		×		~	$\checkmark$	$\checkmark$			
Business Politic		v		V	V				$\checkmark$
Economy			$\checkmark$						$\checkmark$
Social Problem Product			$\checkmark$	$\checkmark$		~	×		

In addition, Erikson suggested the increase in cognitive abilities experienced by adolescents is also related to the task of socio-emotional development which enters the identity vs confusion stage (Guindon, 2010). Who is he? and how to show oneself according to one's identity. This is because at this stage adolescents feel that displaying self-image is important, for example in terms of appearance, activities, or making comparisons with adults who are highly admired. With the task of socio-emotional development, adolescents begin to have self-awareness and focus on themselves (Marotz & Allen, 2013). Harter suggests that the existence of self-awareness and increased capacity for self-reflection makes adolescents feel that there is a difference between the actual self and the ideal self (Guindon, 2010). The existence of this discrepancy between actual-self and ideal-self has an impact on the decline in adolescent self-esteem.

The level of individual self-esteem can be seen from several characteristics shown by the individual. Rosenberg and Owens suggest that individuals who have high self-esteem show themselves as optimistic individuals; proud and satisfied with themselves; more sensitive to the level of ability and competence, ignore negative feedback and seek feedback on competence; accept the negative events experienced and try to improve themselves; more often experience positive emotions (happy); flexible, courageous, and better able to express themselves when interacting with others (spontaneous and active); trying to do something so that his capacity increases (grows and develops more); dare to take risks; be positive towards other people, groups, or institutions; constructive thinking (flexible); able to make decisions quickly and confidently with the decisions he made (Guindon, 2010).

On the other hand, adolescents with low self-esteem tend to show characteristics such as pessimism; dissatisfaction with themselves, desiring to be someone else or to be in someone else's position; more sensitivity to experiences that will damage their self-esteem (disturbed by criticism from others and more emotional when experiencing failure); tend to see events as negative (exaggerating negative events experienced); tend to experience social anxiety and more often experience negative emotions; clumsy, shy, and unable to express themselves when interacting with others (less spontaneous and more passive); protect oneself and do not dare to make mistakes; avoid taking risks; cynical and have a negative attitude towards other people, groups, or institutions; thinking tends to be non-constructive (inflexible), and tend to be indecisive and slower to respond when making decisions.

The high and low self-esteem of adolescents is influenced by three important components involved in the self-evaluation process, namely, feedback from significant others; knowledge about who he is and feelings about his identity, values owned, belief in personal values; and awareness of the level of competence and appreciate their achievements (Bos et al., 2006). In line with these components, Mruk (2006) also argued that several external factors could affect adolescent self-esteem, namely family factors (both parental support and involvement, parental warmth, parental expectations and consistency, parenting, and modeling), gender, race, ethnicity, socio-economic status, and social value.

People who have high self-esteem tend to have good self-confidence which is shown by their strength so they are not easily influenced by new things they meet, their ability to regulate and influence others, have achievement, and have the awareness to comply with various applicable rules and norms (Guindon, 2010). Individuals who have high self-esteem tend to get good enough attention and positive affirmations so that they will indirectly. The indicators of self-esteem as stated by Coopersmith are significance, virtue, and competence (Buss, 1995).

# Lifestyle on Device Purchase Decision

Lifestyle has an important role in a person's decision-making process. Sutji and Saptomo (2017) in their research state that lifestyle has a positive and significant dependency on device purchases. Research conducted by Wijonarko (2016) also strengthens the conclusion that lifestyle has a dependency on the purchase of gadgets because the use of gadgets in students gets fulfillment to be seen as individuals with broad insights and highly intellectual. Through the elaboration of these concepts, the hypotheses in this study are as follows:

 $H_1$ : Lifestyle has a dependency on device purchasing decisions.

# **Self-Esteem on Device Purchase Decision**

Self-esteem has an important role in the process of making a person's purchase decision. Herawati (2009) in her research stated that self-esteem has a positive and significant relationship to device purchasing decisions. This is reinforced by research conducted by Alfiah and Budiani (2014) which concludes that there is a positive and significant relationship between self-esteem and decision-making to purchase gadgets. Through the elaboration of these concepts, the hypotheses in this study are as follows:

H<sub>2</sub>: Self-Esteem has a dependency on device purchasing decisions.

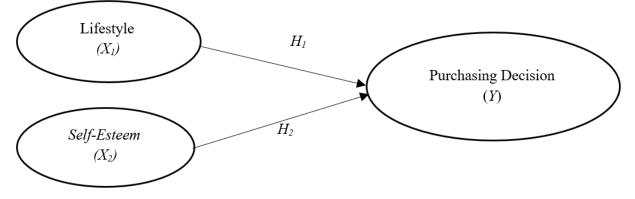


Figure 1. Research Framework

## **METHODS**

This study was used to test the dependency of lifestyle and self-esteem on the decision to purchase a device. The research method used to conduct this research was quantitative research, namely revealing dependencies between variables and expressed in numbers and explaining them by comparing existing theories and using data analysis techniques according to the variables in the study (Sugiyono, 2017, p. 13). The variables studied in this study are lifestyle, self-esteem, and device purchase decisions in Generation Z. This study will prove the hypothesis that has been formulated previously and then produce a simulation.

This study selected Generation Z who had a birth year range of 1995–2010 and at least once decided to purchase a device to become a population. This population was chosen because the only people who can assess in this study are people who have made a decision to purchase a device and are included in Generation Z. In this study, the sample used was part of the existing population. This was done because the population was very large and cannot be determined. The sample collection method was judgmental sampling. According to Ferdinand (2014), judgmental sampling was a sample collection method that was carried out using certain considerations that were adapted to the research objectives or research problems. Therefore, this study determined several considerations and criteria that must be met by the respondent. Respondents who did not meet the criteria would not be selected as samples. The criteria for this research were Generation Z who were born between 1995 and 2010 and had purchased a device at least once. The sample taken will use the Lemeshow formula (1997), as follows:

$$n = \frac{z^2 p(1-p)}{d^2} \tag{1}$$

Description:

n = number of samples

 $z = confidence \ level = 1.96$ 

p = maximum estimate = 0.5 (because the data has not been obtained)

d = sampling error = 10%

Based on the above formula, the calculation is obtained:

$$n = \frac{1.96^2 x \, 0.5(1 - 0.5)}{0.1^2} = 96.04\tag{2}$$

Through the calculation results of the Lemeshow formula, the number of samples is 96 and is rounded up to 100 samples.

Questionnaires were distributed to Generation Z who had decided to purchase a device at least once. The questionnaire contained statements about the lifestyle, self-esteem, and purchasing decisions of Generation Z. The collected data was then processed and analyzed both by descriptive statistics and Chi-Square analysis to test the dependencies or contingencies between variables.

#### RESULTS

Respondents who will be the subject of this study were Generation Z aged 18–26 years old and had purchased a device at least once. The number of respondents in this study was 100 people. As many as 51% were male and 49% female which explained that male and female respondents had almost the same opportunity to purchase a device. As many as 64% had the last education of high school and 35% college. The majority of respondents who made purchasing decisions more often had a high school education and above. This is reinforced by data that 57% of respondents were students, while 23% were entrepreneurs, and 20% were employees. There were 73% of respondents stated that purchases of gadgets were made when they were damaged, while 26% made purchases once a year. The three main things to consider when purchasing a device are quality, price, and the brand of the device. Most of the respondents have high purchasing power and social status because 50% of respondents are willing to spend IDR 10,000,000 up to IDR 20,000,000 to buy a gadget and 30% more than IDR 20,000,000.

The validity test was carried out using Pearson Correlation using SPSS 25 and was considered valid if the significance value was <0.05. The reliability test will use Cronbach's Alpha and the questions will be considered reliable if the Cronbach's Alpha value is > 0.6. The results of the validity test showed that all indicators of the lifestyle and self-esteem variables were declared valid. The results of the reliability test also showed that the instruments for all indicators of the lifestyle and self-esteem variables were said to be reliable or consistent.

Lifestyle variables are measured by grouping the type of lifestyle of each respondent which is measured using the AIO (Activities, Interest, Opinion) indicator and then will be classified according to the type of each lifestyle. Of the 100 respondents, the most dominant lifestyle is the experientials lifestyle as much as 66% followed by the succeeders lifestyle of as much as 32%, and the moral majority and functionalist lifestyle of only 2%. This shows that the respondent's lifestyle prioritizes hobbies, entertainment, and fun, and has a fairly high economic level. From the aspect of gender, there is no significant difference, while the lifestyle of experientials and succeeders is owned by respondents with a high school and college education.

Based on the mean analysis, it shows that the overall responses for the self-esteem variable are 4.01 in the high category. This shows that the respondent has a good assessment of himself so

that the respondent has a high level of satisfaction and self-confidence. From the aspect of gender, there is no significant difference, while respondents have high self-esteem with a high school education.

# **Dependency/Contingency Analysis**

The Chi-Square analysis is used to determine the dependency of the independent variable with the dependent variable. This study uses the Chi-Square test because lifestyle is a nominal scale variable. Based on Table 3, it can be seen that the value of sig. < 0.05. This shows that there is a dependency between the lifestyle variable and the device purchasing decision variable, therefore it can be concluded that  $H_1$  is accepted and  $H_0$  is rejected. Likewise, the dependency between the self-esteem variable and the purchasing decision variable (significance <0.001). The gadget as a product that is loaded with technological sophistication is also combined with a touch of fashion so that it can be widely accepted for both benefits and benefits.

Table 3. Chi-Square Analysis					
	Value	df	Asymptotic Significance (2-sided)		
Lifestyle and Gadget Purchasing Decision	15.361a	4	0.004		
Self Esteem and Gadget Purchasing Decision	25.561 <sup>a</sup>	4	< 0.001		

The contingency coefficient is a correlation test between two variables that have a nominal data scale. The purpose of this test is to determine the association or relationship between two related variables. The contingency coefficient test is closely related to the Chi-Square test because the contingency coefficient can only be calculated if you already know the value of the Chi-Square. The following is the result of the contingency coefficients that have been carried out on the lifestyle variables, self-esteem, and device purchasing decisions.

Table 4. Contingency Coefficient					
	Value	Approximate Significance			
Lifestyle and Gadget Purchasing Decision	0.365	0.004			
Self Esteem and Gadget Purchasing Decision	0.451	< 0.001			

Based on Table 4, with a significance of 0.004 and a contingency coefficient of 0.365, it can be said that the relationship between lifestyle and device purchasing decisions is quite weak. With a significance of < 0.001 and a contingency coefficient of 0.451, it can be said that the close correlation between self-esteem and the decision to purchase a device is quite strong.

# DISCUSSION

Based on the results of the data processing above, it is proven that the lifestyle variable has a fairly weak dependency on the device purchasing decision variable. This shows that lifestyle is related to a person's behavior in making device purchasing decisions. The greater a person's lifestyle, the greater the potential and improvement of consumer purchasing decisions. Lifestyle has an impact on consumptive buying behavior because it is triggered by the desire to always follow trends so that there is a desire to buy goods that are following trend developments. Based on the results of data processing, it can be seen the implications between the two lifestyle variables and the decision to purchase gadgets on the marketing strategy of gadgets. Companies that produce gadgets, can make considerations to produce gadgets by the purchasing considerations of the majority of respondents, namely by looking at the quality of the gadgets. In addition, the company can adjust the price of the device according to the level of purchasing power and the nominal that the majority of Generation Z people are willing to spend, namely IDR 10,000,000 up to IDR 20,000,000.

This research is reinforced by research conducted by Sutji and Saptomo (2017) based on regression analysis it was found that lifestyle has a positive and significant dependency on device purchases. Research conducted by Wijonarko (2016) also reinforces the conclusion that lifestyle has a dependency on the purchase of gadgets because the use of gadgets in students gets fulfillment to be seen as a broad-minded and highly intellectual individuals.

In addition, it has also been proven that the self-esteem variable has a significant and positive dependency on the device purchasing decision variable. This is evidenced by the results of the Chi-Square analysis test in Table 3 which shows that the self-esteem variable has a significance value of <0.001.

The test results indicate a desire to appear attractive to teenagers by owning a smartphone. Self-esteem is formed and develops based on experiences and interpretations of the environment, other people's judgments, attributes, and self-behavior. The development of self-esteem affects the behavior that is displayed, so how other people treat and what others say about the individual will be used as a reference for self-assessment. These results reinforced the research of Herawati (2009) in her research which states that self-esteem has a positive and significant relationship to device purchase decisions as well as the research of Alfiah and Budiani (2014) suggested there was a positive and significant relationship between self-esteem and decision-making to purchase devices for students.

### CONCLUSIONS

Based on the results of the data processing above, it is proven that the lifestyle variable has a fairly weak dependency on the device purchasing decision variable. This shows that lifestyle is related to a person's behavior in making device purchasing decisions. The greater a person's lifestyle, the greater the potential and improvement of consumer purchasing decisions. Lifestyle has an impact on consumptive buying behavior because it is triggered by the desire to always follow trends so that there is a desire to buy goods that are following trend developments.

The research has implications between the two variables self-esteem and the decision to purchase a device on the marketing strategy of the device. Companies that produce gadgets, can make considerations to produce gadgets by the consideration that the higher a person's self-esteem, the higher his desire to always appear attractive in front of others. Therefore, in producing gadgets, companies must be able to follow the development of existing trends and fashions, so that respondents are interested in buying their gadget products.

The boundaries used in this study will focus on Generation Z who are 18–26 years old and have purchased a device at least once. This is done so that the research can be more focused on the research objectives and research problems.

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2. Bukti Konfirmasi Hasil Telaah dan Hasil Telaah (13/06/2022)

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# **Checklist Research by Reviewer**

	Valuation component	Point of valuation	Yes	No	Description or Notes Corrections
a.	The problem statement, Framework	• The introduction build a case and the logical concept to statement of the problem	~		Please elaborate on the need, objectives and justification of study in introduction section
	Concepts, Questions of	• Statement of the problem is clear and well expressed		>	
	research	• The conceptual framework explicit and justified		~	The paper needs more clarity about the goals and purpose of study.
		• Research question (hypothesis if any) are clear, concise, and complete		~	The study needs more clarity about the research
		• The variables that will be examined and presented clearly identified			questions, variables and research gaps.
b.	The reference to the Library and	• Up-tp-date review of literatures		$\checkmark$	Pleas deliberate on the recent contribution in this field
	Documentation	• The number of reference adequately and chosen wisely		~	
		• The literatur examined carefully		~	As this is widely researched areas, please include more recent
		<ul> <li>Reference from primary source and up-to-date</li> </ul>		$\checkmark$	references and also add the identified research gaps in the literature
		• The other idea from other reseacher appreciated and carefully referenced		~	The literature needs more
		• Reference analysed and scrutinized properly		~	<ul> <li>clarity and proper flow of in connections to the research objectives and questions of the study</li> </ul>
с.	Relevancy	• Studies of the important problem and issue is worthwile to do	~		The topic is significant are of the study
		<ul> <li>Studies adds topic to existing knowledge</li> </ul>	~		The topic is adding more to the body of knowledge
		<ul> <li>Studies have generalizability regarding subject selection, setting, and intervention, or educational material</li> </ul>	~		Yes, the generalizability exists for this study

# Title of Article: Lifestyle and Self-Esteem of Generation Z in Gadget Purchasing Decision

	Valuation component	Point of valuation	Yes	No	Description or Notes Corrections
d.	Research design	<ul> <li>Clearly defined; ensure repeatability of results</li> </ul>	~		Please include the aspects of research
		• Optimum to answer research questions		~	design, sampling, data collection along with the consistency and
		<ul> <li>Contains internal validity, potential confusion or bias clearly described</li> </ul>		~	reliability of the study.
		<ul> <li>Contains external validity, including the subject, setting, and conditions</li> </ul>		~	Please deliberate more on the details of the adopted methodology
		• Enables the outcome or unanticipated events		~	with proper justification
		• Design and implementation of reasonable research		~	
e.	Instrumentation, Data Collection, Quality Control	• The development and contains the instrument describe by adequacy or referenced to ensure repeatability		~	It needs more clarity about the int instrument development, data
		<ul> <li>Instruments to measure variables are adequate; clear scoring method</li> </ul>		~	collections and adopted approaches of research design
		<ul> <li>Psychometric properties and proposed and also adequate</li> </ul>		~	_
		• The data set described by adequately or reffered		~	_
		<ul> <li>Measurement, variables, to scoring method described</li> </ul>		$\checkmark$	
f.	Population and Sample	• Population described, both for the subject and treatment, to ensure repeatability of results		~	Please deliberate more clearly about the methodology, sampling, selection of respondents,
		<ul> <li>Detailed sampling procedures outlined</li> </ul>		~	procedure of sampling and formulation of research questions of bridge the
		• Sample subjects adequate for answering the research questions		$\checkmark$	research gaps
g.	Data Analysis and Statistics	• The analysis procedure is described clearly, to ensure repeatability	~		The analysis and results sections needs more clarity and working with respect to objectives of study
		• The procedure according to the research design; hypothesis /	$\checkmark$		

	Valuation component	Point of valuation	Yes	No	Description or Notes Corrections
		model / theory leads to the analysis of data			The analysis and results section also needs more clarity regarding the
		• The reason the use of statistics is fulfilled by the data; ie. the nature of data measurement and distribution normality		~	analysis and interpretations from the analysis
		• If statistical analysis involving multiple testing or comparison, check the compatibility level of significance of the results		~	The adopted statistical methods need more elaborations and seems inadequate
		• Check the benefits of statistical analysis if the sample slightly		~	
		• For qualitative research: check the reliability, validity of data, the absence of bias		~	
h.	Reporting Statistical Analysis	• The results of statistical analysis are reported correctly and adequately	~		The adopted statistical methods need more elaborations and seems inadequate
		• The number of adequate analysis	$\checkmark$		Needs more clarity
		• Measurement of functional significance, i.e. the influence of the size or proportion of the variance is explained, along with an analysis of hypothesis testing		~	The measurement instrument needs more deliberations and clarity
i.	Presentation of the result	<ul> <li>Well arranged so that easy to follow</li> </ul>		~	Please check the sections of research paper
		<ul> <li>Presented effectively; results interlocked</li> </ul>	$\checkmark$		Please check the format of the journal
		• Complete		~	Needs more improvement
		• The number of data served adeuately		$\checkmark$	Needs more improvement
		• Tables, charts, photos are presented throughly and in accordance with the text		~	Needs more improvement and clarity
ј.		• The conclusion clearly stated; important points highlighted		$\checkmark$	

	Valuation component	Point of valuation	Yes	No	Description or Notes Corrections
	Discussion and Conclusions: Interpretation	<ul> <li>Flowing from the design, methods, results; justification stated clearly</li> </ul>		~	Needs more improvement and clarity
		<ul> <li>Interpretation of the results is adequate; conclusions are not misleading</li> </ul>		~	Also necessary to include the inferences,
		• The limitation the study discussed		$\checkmark$	limitations and implications of the study
		<ul> <li>Alternative interpretation upon the findings taken into consideration</li> </ul>			
		• The difference distinguished statistical tests of significance difference		~	<ul> <li>The significance of analysis needs to justified</li> </ul>
		associated with the interpretation		~	The managerial significance is lacking.
		<ul> <li>Practical meaning or theoretical implications are discussed; instructions for further studies offered</li> </ul>		~	Please revise
k.	Title and Abstract	• Clear and informative		$\checkmark$	Needs more clarity
		• Represent the content and breadth of the study (not misleading)		~	Please revise abstract with clear methodology
		• Stating the importance of study and can attract attention		$\checkmark$	and outcomes
		<ul> <li>Complete Abstract (carefully); details on the important things are presented</li> </ul>		~	
		• The results are presented in sufficient detail	~		
		• The conclusion in the abstract does exist in the text		$\checkmark$	
		• There is no inconsistency between the abstract and text details		~	Needs to be revised
		• Overall the same as the text content of the abstract		~	Needs to be revised

	Valuation component	Point of valuation	Yes	No	Description or Notes Corrections
1.	Presentation and Documentation	• The text is well written and easy to follow	~		Needs to be revised
		• Adequate vocabulary		$\checkmark$	Needs to be revised
		• Full contents and format are the same as editor desired		~	Needs to be revised
		• The script are well organized		$\checkmark$	Needs to be revised
		<ul> <li>Data is accurate (there is no false amount, table number / sequential images)</li> </ul>		~	Needs to be revised
		• Citation complete and accurate reference		~	Needs to be revised
m.	Scientific Conduct	• No plagiarism	$\checkmark$		Please check
		• Part data / scientific contribution of the other party given gratitude	$\checkmark$		Please check
		• There is no conflict of interest	$\checkmark$		Please check

# **Decision is:**

**Major Revision** 

 Bukti Kirim Revisi, Respon kepada Penelaah, dan Artikel Revisi yang Dikirimkan (21/10/2022)

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# Lifestyle and Self-Esteem of Generation Z in Gadget Purchasing Decision

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## ABSTRACT

The consumer purchasing decision is one of the essential aspects for companies to assess the success of their products. Lifestyle and self-esteem can cause consumer purchasing decisions. This study aimed to find the dependencies between lifestyle and self-esteem with the decision to purchase gadgets by Generation Z. The type of research was quantitative research with a judgmental sampling technique. The samples were 100 respondents who had purchased a gadget at least once. This study used questionnaires to collect data and processed the chi-square test by SPSS 2.5. The results showed that lifestyle and self-esteem had a positive dependency relationship on consumer purchasing decisions.

Keywords: lifestyle, self-esteem, gadget purchase decisions, generation z

### **INTRODUCTION**

In the modern era, humans experience rapid development. This development holistically affects every aspect of human life, which results in different characters in each generation. Since the emergence of the generation theory, there have been various generations, such as Generations X, Y, and Z.

Philip (2019) mentions that there are five generations born after the world war, namely baby boomers (born in1946–1964), Generation X (born 1965–1980), Generation Y (born in 1981–1994), Generation Z (born 1995–2009), and Generation Alpha (born in 2011–2025). Currently, Generation Z has entered a productive age which makes it the holder of a milestone in the development of a nation. Various privileges possessed by Generation Z support it because it was born amid the development and progress of human civilization.

Generation Z, in general, has the following characteristics: (1) social, which is very intense interaction through social media; (2) fluent in technology; (3) expressive, that is, tend to be tolerant of cultural differences and very concerned with the environment; and (4) quickly move from one job thought to another job owner (Wibawanto, 2016). Social and environmental situations predominantly formed these characters that occurred when Generation Z was born and grew up during the modernization period. The rapid development of technology has provided many conveniences in accessing information. It has made Generation Z a generation that is responsive, rich in information, and able to absorb developments. However, these various developments also affect the lifestyle and psychology of Generation Z.

Generation Z's openness to information makes their life needs diverse. Especially the need for various electronic gadgets essential in supporting daily life activities. One of the electronic gadgets that is a vital component for Generation Z is a gadget, especially a smartphone. According to Williams and Sawyer (2011), a gadget was a cellular phone combined with the functionality of a PC and handset. So, it produced a luxury gadget that included text messaging applications, cameras, music players, videos, games, email access, digital TV, search engines, personal information managers, GPS, internet, and digital wallets.

The facilities contained in the gadget are not only limited to telecommunication functions. For Generation Z, the gadget is also one of lifestyle icons. A smartphone is a communication product that provides prestige value for its users who have become part of the lifestyle of Generation Z and society in general. The need for gadgets, especially the type of smartphone for the community, makes the gadget no longer a secondary need but a primary need. Gadget manufacturers are increasingly competing to produce and develop gadgets with the latest technology, and gadgets are no longer just necessary. However, they have become a symbol that determines one's existence.

Gadgets are no longer viewed based on their primary functions but on quality, specifications, and accompanying brands. The ability to send and receive messages, take pictures, or even record them on a gadget is currently a social standard that Generation Z must have. However, the quality of these features dramatically affects a person's existence in a social group. Using a smartphone with a particular brand will give special pride because it has good specifications and high quality. It indirectly affects a person's self-confidence. It has an impact on consumptive behavior that increases the number of gadget purchases. Generation Z, who is currently young, tend to adopt other people's traits to see if those traits suit them. They observe and try to do the same to fit into particular social groups. For example, several groups use smartphones with certain brands that are popular among the public. If they do not have a smartphone with the same brand, they feel that they are individuals who are behind the times and not "up to date," which can have an impact on existence that affects their influence. One's self-esteem to himself or often called self-esteem. Johnson states self-esteem is an evaluation of a person in assessing himself, namely how satisfied a person is with himself (Sveningson, 2012). Several characteristics show the level of individual self-esteem. Rosenberg and Owens suggest that individuals with high self-esteem are optimistic; proud, and satisfied with themselves; more sensitive to their level of ability and competence, ignore negative feedback and seek feedback on competence; accept the adverse events experienced; and try to improve themselves (Guindon, 2010). On the other hand, adolescents with low selfesteem tend to show characteristics: Such as pessimism, dissatisfaction with themselves, want to be someone else or to be in someone else's position, more sensitivity to experiences that will damage their self-esteem (disturbed by criticism from others and more emotional when experiencing failure), tending to see events as unfavorable (exaggerating the adverse events experienced).

The lifestyle of Generation Z, which tends to require electronic gadgets, especially capable smartphones, is also influenced by each individual's self-esteem level. Someone with high self-esteem will not try to prove his position by showing ownership of a prestige symbol but will have more confidence in his quality. On the contrary, what happens if someone has low self-esteem? The need for self-existence and freedom in socializing is an effort made by a person to show his social position in society, one of which is by owning a gadget that has a high value in the eyes of society. It indirectly affects the purchase of gadgets by Generation Z. They have a strong desire to continuously upgrade the gadget's specifications following the latest technological developments and production.

There is a research gap compared to the previous research. The recent research focused on the digital gadget addiction effect on lifestyle (Hoque, 2018), on Generation Z's lifestyles towards technology or digital developments (Wijaya, Darmawati, & Kuncoro, 2020), on impulse purchase orientation, quality orientation, brand orientation, online trust, and online purchase experience (Isa, Annuar, Gisip, & Lajuni, 2020; Hidayat, 2022), on the sustainable orientation of Generation Z in retail (Dabija, Bujan & Puşcaş, 2020), on the role of brand identity (Buenafe, Espedido, Samonte, Vitto, & Magsino-Marasigan, 2022). In contrast, this research will explore the role of Generation Z's lifestyle and self-esteem in their gadget-purchasing decisions.

The research problems are: does lifestyle have a dependency on the purchase of gadgets in Generation Z? and does self-esteem have a dependency on buying a gadget in Generation Z? Based on the problem formulation, here are the research objectives: To describe test, and analyze lifestyle dependencies with the purchase of a gadget in Generation Z and to describe, test, and analyze the dependence of self-esteem (self-esteem) with the purchase of a gadget in Generation Z.

# **Generation Z**

In his essay entitled The Problem of Generations, Karl Manheim first introduced the theory of generation, which was then continuously developed by experts (Rachmawati, 2019). Kupper-schmidt (2000) defined a generation as a group of individuals who identified their group based on the similarity in a year of birth, age, location, and events in their life of a group of individuals, which has a significant influence on the growth phase.

Many experts developed the theory of generation, but broadly speaking, classified into several generations; namely, the baby boomer generation, Generation X, Generation Y or commonly referred to as millennials, and Generation Z, called Generation Z, also as iGeneration or net generation (Putra, 2017). In 1990, Stillman began to conduct his research by researching the various generations and dividing the generation starting from the Generation of baby boomers. Each generation has different backgrounds and characters, such as historical factors, educational background, environment, technology, trends, and culture. In addition, there are micro factors that can influence the character of an individual, such as the family environment in which a person grows up, which has a more decisive influence than macro factors, such as trends that are emerging when an individual grows up (Stillman & Stillman, 2018). In comparison, Kupperschmidt (2000) divided generations into several, namely Generation X with a range of 1930–1980, Generation Y with a span of 1980–1995, and Generation Z with a span of 1995–2010.

Generation Z was born between 1995 and 2010 (Kupperschmidt, 2000). This generation was born and grew up when digital technology was developing rapidly. Since childhood, Generation Z has been familiar with sophisticated gadgets, for example, smartphones. Technology has started to become a part of everyday life. Therefore Generation Z is a digitally native generation who grew up with technology.

Cell phones are one of the most important objects for members of Generation Z. The cell phone is always in their hands. When talking with other people in the real world, the same time, it can also establish communication with other people in cyberspace. Sigarlaki (2009) added that Generation Z is a generation that quickly loses focus and is dependent on technology. Generation Z members can also relate to people in cyberspace when they are active with other people in the real world. The short message service feature makes it easier for Generation Z to establish long-distance communication. However, the ease of instant messaging reduces the intensity of encounters in the real world, which is different from the previous generation.

Generation Z is adept at using the internet, smartphones, computers, and other digital gadgets. All gadgets connect to internet facilities. They only need various kinds of information to type their finger and keywords in a search engine. Looking at the cellphone screen makes Generation Z more accustomed to visual stimuli. Google and YouTube are both places and sources for digging for information. In addition, social networking trends have also become very popular among Generation Z teenagers.

So broadly speaking, Generation Z is a generation that grows together with technology and cannot be separated. Generation Z, as the current young generation, is expected to become a generation that is ready to face the future in the digital world. With telecommunication technology proficiency coupled with good social skills, Generation Z can undoubtedly be a superior generation.

## Lifestyle

Lifestyle is how a person does activities, carries out interests, and makes various choices in his life. Lifestyle describes "one's whole self" in interacting with the environment (Kotler, Keller, & Chernev, 2022). According to Mowen and John (2002), lifestyle shows how people live, spend their money, and allocate time. In addition, lifestyle, according to Rismiati and Suratno (2006), was a person's pattern of living in daily life which was expressed in the activities, interests, and opinions concerning. Lifestyle reflects the whole person who interacts with the environment. Therefore, activities, interests, and opinions in spending money and time allocation express a person's lifestyle.

Behavioral patterns will always be different in different situations or social environments and are constantly changing, and nothing is constant. An individual's lifestyle, characterized by individual behavior patterns, will have an impact on the health of the individual and subsequently on the health of others. In "health," a person's lifestyle can be changed by empowering the individual to change his lifestyle but changing it not only for the individual but also by changing the social environment and conditions of life that affects his behavior patterns. No standard rules about the "same and suitable" lifestyle apply to everyone. Culture, income, family structure, age, physical ability, home environment, and work environment make various "styles" and living conditions more attractive, applicable, and acceptable.

Mowen and Minor suggested there were nine types of lifestyles, namely, as follows (Sumarwan, 2011):

- 1. *Functionalist* is the lifestyle of a person spending money on essential things and being less than 55 years old and married. They use assets spent on essential things such as education, health, and rental housing. This lifestyle usually occurs in factory workers, construction workers, and other unskilled workers who have low to average education. They have mediocre property ownership and lack the opportunity to increase their level of life, so they tend to use the assets they have only for things considered critical, especially those who do not. They have a high educational background, so they lack the vision to change the situation.
- 2. *Nurturers* lifestyle focuses more on raising children, building a household, and family values. Young people are just starting a household, so the use of their wealth is focused on family life and building a comfortable home for their lives. Later. Usually have an average economic level and higher education. People with a nurturers lifestyle tend to want an everyday, comfortable, and safe life so that from the start of building their household, they

will focus on preparing the family. It is due to their high educational background and economic adequacy that they can, formulate a more optimistic vision and mission of life.

- 3. *Aspirers* lifestyle focuses more on enjoying a high lifestyle by spending an above-average amount of money on getting status, having a high level of education, and a high economy. People who adhere to the aspirer's lifestyle have an environment of high social status caused by opportunity because they also have high education and economics. However, they are then obsessed with living in luxury without interpreting its essence, so they tend to have the desire to continue to increase their extension by buying various products.
- 4. *Experiential* is a person's lifestyle that prioritizes spending money above the average on goods that are entertainment, hobbies, and pleasures. Usually owned by a group of entrepreneurs who have average education but are persistent in their work, they have a high economic level. People with *experientials* lifestyles tend to like their hobbies, so they push themselves to work to fulfill various needs that can support hobbies.
- 5. *Succeeders* is a lifestyle with the highest economic level but prioritizes long-term effects such as education, investment, and self-development. This lifestyle usually has an established household, has a middle age, and is highly educated. Usually, They are prominent entrepreneurs who prioritize the progress of their businesses. People who have the lifestyle of *success* in addition to having a high economic level are also intelligent and visionary people who come from an excellent educational and social background, so they always mean different.
- 6. *Moral Majority* is the lifestyle of a person willing to spend big on educational organizations, political matters, and the church. This group is in the empty-nest stage and has the second-highest income—single breadwinner. They are highly educated and highly educated people in the economy. People with a *moral majority* lifestyle have very high social sensitivity and have experienced various events that encourage them to participate in helping to improve social welfare.
- 7. *The Golden Years* lifestyle is retirees and has savings used for entertainment in old age and renovating homes for the comfort of life after quitting work. They are people with high education and a high economy. People who have the lifestyle of the *Golden Years* are usually people who spend their productive days working and developing their potential so that they have enough knowledge and wealth to be able to arrange a good retirement plan.
- 8. *Sustainer* lifestyle is a lifestyle owned by retirees or old age. It has the highest level of income and spends it on mere entertainment such as alcohol, prostitution, and gambling. People with a sustainable lifestyle tend not to use their productive time with positive things, so they cannot control their attitudes and behavior even though they are old.
- 9. People with low socioeconomic status own subsisters lifestyles. Most people with this lifestyle are breadwinner families, single parents, and minority groups.

Lifestyle measurement can be done by psychographic analysis using AIO (Activities, Interest, Opinion) indicators to measure lifestyle, personality, and consumer demographics. Manufacturers often use the psychographic approach in promoting their products (Jushermi, 2013). Plummer and Assael explained that lifestyle would develop in each dimension (AIO) (in Nugroho, 2013), shown in Table 1.

### Table 1. Lifestyle Inventory

Activities	Interest	Opinion		
Work	Family	Oneself		
Hobby	Home	Social Problem		
Social Events	Work	Politic		
Holiday	Community	Business		
Entertainment	Recreation	Economy		
Club member	Fashion	Education		
Community	Food	Product		
Shopping	Media	Future		
Workout	Achievement	Culture		

Source: Plummer and Assael (in Nugroho, 2013)

Psychographics contains several statements describing consumers' activities, interests, and opinions of consumers. Producers often use it in promoting their products (Jushermi, 2013). Psychographics has always been a valid and valuable methodology for many marketers. In this study, the Generation Z lifestyle was measured based on the AIO dimensions identified by Plummer.

Plummer and Assael state that activity shows how a person spends his time in everyday life (Nugroho, 2013). From the indicators of activities, this research will use the dimensions of work, hobbies, social events, entertainment, holidays, club members, and community. The reason for using the working dimension is that gadgets are goods with reasonably high prices, so not all people can buy a gadget. The reason for using the dimensions of hobbies, social events, entertainment, holidays, club members, and communities is because many people in Indonesia have communities or clubs that love certain gadget brands and have a hobby of collecting and following developments. The sports dimension is unrelated to this study.

Plummer and Assael also state that interest is an interest that a person considers important in the surrounding environment (Nugroho, 2013). This study will use family, home, work, community, recreation, fashion, and media dimensions. The reason for using the dimensions of family, home, and work is that the purchase of gadget products is strongly influenced by the family, home, and work environment that likes to use a gadget. The reason for using fashion indicators is that fashion products from a gadget are related to fashion trends. It uses the media dimension because product marketing uses social media. So it can be concluded that the role of media is crucial. It does not use the food and achievement dimensions because they are unrelated to this research.

Moreover, Plummer and Assael state that opinion is a person's view of himself and others (Nugroho, 2013). This research will use the dimensions of self, economy, product, business, culture, and social problems. The reason for using self and culture indicators is that each individual has a different internal and external culture. The reason for using the dimensions of economics, business, and social problems is because economic conditions and social problems can influence consumer decisions in purchasing gadget products in Indonesia. It uses the product indicators because the quality of gadget products will affect consumers in buying a product. It does not use dimensions of politics and education because they are unrelated to this research.

Based on the dimensions of each AIO indicator (Activities, Interests, Opinions). Based on the set of dimensions of each AIO indicator (Activities, Interests, Opinion), the classification to determine the type of respondent's lifestyle will use psychographic measurements containing questions designed to assess the type of lifestyle. It also reveals each respondent's activities, interests, and opinions and will then be classified according to the type of lifestyle each. Table 2 categorizes the lifestyle classifications.

	Functio nalist	Nurturers	Aspirers	Experiential	Succeeders	Moral Majority	The Golden Years	Sustainers	Subsisters
				Activit	ies				
Hobby				✓	✓		$\checkmark$	$\checkmark$	$\checkmark$
Holiday				$\checkmark$			$\checkmark$		$\checkmark$
Entertainment				$\checkmark$			$\checkmark$	$\checkmark$	$\checkmark$
Work	~	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$			
Social Event						$\checkmark$			
Shopping			$\checkmark$					$\checkmark$	$\checkmark$
Community						$\checkmark$	$\checkmark$		$\checkmark$
				Intere	st				
Family	$\checkmark$	$\checkmark$		Interes	51		$\checkmark$		
Community	-	-		$\checkmark$		$\checkmark$	✓ ✓		$\checkmark$
Fashion			$\checkmark$						
Work	$\checkmark$	$\checkmark$			$\checkmark$				
Media									$\checkmark$
Recreation				$\checkmark$			$\checkmark$	$\checkmark$	$\checkmark$
				Oninia					
Oneself	$\checkmark$	1	~	Opinio	·II ✓		$\checkmark$	~	$\checkmark$
Culture	-	ŗ	,			$\checkmark$			-
Business		~		$\checkmark$	$\checkmark$				$\checkmark$
Politic									
Economy			V						$\checkmark$
Social						$\checkmark$			
Problem									
Product			~	$\checkmark$			$\checkmark$		

Table 2. I	Lifestyle	Classification	Based	on AIO
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### Self Esteem

According to Bos, Muris, Mullens, and Schaalma (2006), the development of self-esteem (both global and selective self-esteem) in individuals from childhood to adulthood only decreases in adolescence. The drastic decline in global self-esteem in adolescents is related to the storm and stress phase during adolescence, as indicated by changes in biological, cognitive, social, psychological, and academic (Bos et al., 2006).

In addition, Erikson suggested that the increase in cognitive abilities experienced by adolescents is also related to the task of socio-emotional development, which enters the identity vs. confusion stage (Guindon, 2010). Who is he? and how to show oneself according to one's identity. It is because, at this stage, adolescents feel that displaying self-image is essential, for example, in appearance, activities, or comparisons with highly admired adults. With the task of socio-emotional development, adolescents begin to have self-awareness and focus on themselves (Marotz & Allen, 2013). Harter suggests that the existence of self-awareness and increased capacity for selfreflection makes adolescents feel that there is a difference between the actual self and the ideal self (Guindon, 2010). The existence of this discrepancy between the actual self and the ideal self has an impact on the decline in adolescent self-esteem.

Several characteristics show the level of individual self-esteem. Rosenberg and Owens suggest that individuals who have high self-esteem show themselves: as optimistic individuals; proud and satisfied with themselves; more sensitive to their level of ability and competence, ignore

negative feedback and seek feedback on competence; accept the adverse events experienced, and try to improve themselves; more often experience positive emotions (happy); flexible, courageous, and better able to express themselves when interacting with others (spontaneous and active); trying to do something so that his capacity increases (grows and develops more); dare to take risks; be positive towards other people, groups, or institutions; constructive thinking (flexible); able to make decisions quickly and confidently with the decisions he made (Guindon, 2010).

On the other hand, adolescents with low self-esteem tend to show characteristics such as: pessimism; dissatisfaction with themselves, desire to be someone else or to be in someone else's position; more sensitivity to experiences that will damage their self-esteem (disturbed by criticism from others and more emotional when experiencing failure); tend to see events as unfavorable (exaggerating adverse events experienced); tend to experience social anxiety and more often experience negative emotions; clumsy, shy, and unable to express themselves when interacting with others (less spontaneous and more passive); protect oneself and do not dare to make mistakes; avoid taking risks; cynical and have a negative attitude towards other people, groups, or institutions; thinking tends to be non-constructive (inflexible), and tend to be indecisive and slower to respond when making decisions.

Three critical components influence the high and low self-esteem of adolescents involved in the self-evaluation process, namely, feedback from significant others; knowledge about who he is and feelings about his identity, values owned, belief in personal values; and awareness of the level of competence and appreciate their achievements (Bos et al., 2006). In line with these components, Mruk (2006) also argued that several external factors could affect adolescent self-esteem. Namely family factors (both parental support and involvement, parental warmth, parental expectations and consistency, parenting, and modeling), gender, race, ethnicity, socio-economic status, and social value.

People who have high self-esteem tend to have good self-confidence. Their strength shows it, so they are not easily influenced by new things they meet, their ability to regulate and influence others, achievements, and the awareness to comply with various applicable rules and norms (Guindon, 2010). Individuals who have high self-esteem tend to get good enough attention and positive affirmations so that they will indirectly. Hidayat (2022) mentioned that new resources that are the primary basis for impulsive buying are gadgets or devices and marketplaces with their applications. Internal factors that encourage impulsiveness are cognitive dissonance, hedonism and materialism, anxiety/uncertainty, and self-esteem. This study measures self-esteem by indicators, as stated by Coopersmith, which are Significance, virtue, and competence (Buss, 1995).

## **Gadget Purchasing Decision**

The definition of purchasing is a buyer's decision and integration process to combine and evaluate two or more options and choose one (Kotler *et al.*, 2022). Device users tend to consider various things, one of which is price, brand, specifications, and trends, when buying a device. Internal psychological factors strongly influence a person's purchasing decisions, and marketers must pay attention to consumer lifestyles suitable for their products to increase their marketing effectiveness and efficiency. Kotler *et al.* (2022) explain that the decision-making process is a basic psychological process that plays a vital role in understanding consumers' purchasing decisions. The starting point for understanding consumer behavior is the stimulus-response model. Marketers shall understand what happens in the consumer's consciousness between the arrival of

external stimuli and the final purchasing decision. Four critical psychological processes fundamentally influence consumer responses to various marketing stimuli, motivation, perception, learning, and memory.

# Lifestyle and Gadget Purchasing Decision

Lifestyle has an essential role in a person's decision-making process. Research conducted by Wijonarko (2016) also strengthens the conclusion that lifestyle has a dependency on the purchase of gadgets because the use of the gadget in students gets fulfillment to be individuals with broad insights and highly intellectual. In their research, Suji and Saptomo (2017) state that lifestyle has a positive and significant dependency on gadget purchases. Das and Panigrahi (2017) show that lifestyle influence strongly influences purchasing decisions. Halim and Dinaroe (2019) show that lifestyle, money attitude, and personal value significantly affect the purchase decision of Apple products. Andi and Ali (2019) also show that lifestyle positively and significantly affects purchasing decisions for Samsung smartphones in Jakarta.

Further, Hidayat (2022) suggests that social media and peer-group interaction influence gadgets' impulsive buying. Moreover, Oe, Yamaoka, and Sato (2022) suggest that Chinese consumers are more concerned with fashionableness in smartphone purchases. Through the elaboration of these concepts, the hypotheses in this study are as follows:  $H_1$ : Lifestyle has a dependency on gadget purchasing decisions.

# Self-Esteem and Gadget Purchasing Decision

Self-esteem has an essential role in the process of making a person's purchasing decision. Herawati (2009) in her research stated that self-esteem has a positive and significant relationship with gadget purchasing decisions. Alfiah and Budiani (2014) conclude that a positive and significant relationship exists between self-esteem and decision-making to purchase the gadget. Elida, Rahardjo, and Raharjo (2021) found that self-esteem and marketing mix correlated with an online shopping decision. In comparison, Hidayat (2022) states that the primary basis for impulsive buying is gadgets or devices, and self-esteem is one of the internal factors that encourages impulsiveness. Through the elaboration of these concepts, the hypotheses in this study are as follows:  $H_2$ : Self-Esteem has a dependency on gadget purchasing decisions.

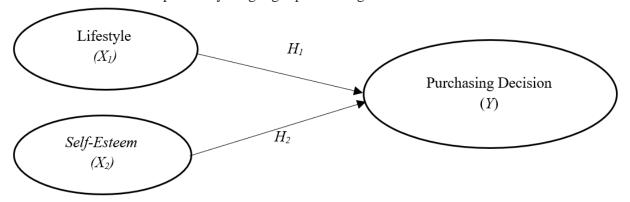


Figure 1. Research Framework

### METHODS

This study tested the dependency of lifestyle and self-esteem on the decision to purchase a gadget. The research method used to conduct this research was quantitative research, namely revealing dependencies between variables expressed in numbers and explaining them by comparing existing theories and using data analysis techniques according to the variables in the study (Sugiyono, 2017). The variables studied in this study are lifestyle, self-esteem, and gadget-purchasing decisions in Generation Z. This study will prove the hypothesis that has been formulated previously and then produce a simulation.

This study selected Generation Z, who had a birth year range of 1995–2010 and at least once decided to purchase a gadget to become a population. They can assess in this study are people who have decided to purchase a gadget and are included in Generation Z. In this study, the sample used was part of the existing population because the population was huge and could not be determined.

The sample collection method was judgmental sampling. According to Ferdinand (2014), judgmental sampling is a sample collection method that carries out using certain considerations adapted to the research objectives or research problems. Therefore, this study determined several considerations and criteria that the respondent must meet. It only uses respondents who meet the criteria. The criteria for this research were Generation Z, born between 1995 and 2010, and purchased a gadget at least once. The sample taken will use the Lemeshow formula (1997) as follows:

$$n = \frac{z^2 p(1-p)}{d^2}$$
(1)

Description:

n = number of samples

z = confidence level = 1.96

p = maximum estimate = 0.5 (because the data has not been obtained)

d = sampling error = 10%

Based on the above formula, the calculation is:

$$n = \frac{1.96^2 x \, 0.5(1 - 0.5)}{0.1^2} = 96.04$$

Through the calculation results of the Lemeshow formula, the number of samples is 96 and rounded up to 100.

Respondents were Generation Z, who had decided to purchase a gadget at least once. They filled out the distributed questionnaires in Google form. The questionnaire contained statements about Generation Z's lifestyle, self-esteem, and purchasing decisions.

After data was collected, the next process was testing validity and reliability. The Pearson correlation is valid if the Significance is < 0.05 (Arikunto, 2012). While the reliability test used Cronbach's Alpha. The questions were reliable if Cronbach's Alpha value was > 0.6 (Arikunto, 2012). When the data is valid and reliable, it moves to analyze descriptive statistics and test the dependency between variables by Chi-Square. Moreover, this study also tested the closeness of relationship among variables by calculating the contingency coefficient with the following criteria:

- 0.00 to 0.19 = very weak relationship

- 0.20 to 0.39 = weak relationship

- 0.40 to 0.59 = quite strong relationship

- 0.60 to 0.79 = strong relationship

- 0.80 to 1.00 = very strong relationship

### RESULTS

### Validity and Reliability Test

This study determines the accuracy and validity of the statements in the distributed questionnaire to 30 respondents. It tested data using SPSS. The validity test results showed that all indicators of the lifestyle and self-esteem variables were declared valid. The reliability test results also showed that the instruments for all indicators of the lifestyle and self-esteem variables were reliable or consistent.

## **Respondent Profile**

Respondents who will be the subject of this study were Generation Z, aged 18–26 years old, and had purchased a gadget at least once. The number of respondents in this study was 100 people. As many as 51% were male and 49% female, which explained that male and female respondents had almost the same opportunity to purchase a gadget. As many as 64% had the last high school education, and 35% had college. Most respondents who made purchasing decisions more often had a high school education and above. Data reinforce that 57% of respondents were students, 23% were entrepreneurs, and 20% were employees. 73% of respondents stated that they purchased the gadget when they were damaged, while 26% made purchases once a year. The three main things to consider when purchasing a gadget are quality, price, and brand. Most respondents have high purchasing power and social status because 50% are willing to spend IDR 10,000,000 up to IDR 20,000,000 to buy a gadget and 30% more than IDR 20,000,000.

## **Descriptive Analysis**

Lifestyle variables are measured by grouping each respondent's lifestyle type, which is measured using the AIO (Activities, Interest, Opinion) indicator. Then it will be classified according to the type of each lifestyle. The most dominant lifestyle is *experientials* lifestyle, as much as 66%, followed by the *succeeders* lifestyle of as much as 32%, and the *moral majority* and *functionalist* lifestyle of only 2%. It shows that the respondent's lifestyle prioritizes hobbies, entertainment, and fun and has a reasonably high economic level. From the aspect of gender, there is no significant difference, while respondents own the lifestyle of *experiential* and *succeeders* with a high school and college education.

Based on the mean analysis, it shows that the overall responses for the self-esteem variable are 4.01 in the high category. It shows that the respondent has a good assessment of himself and has a high level of satisfaction and self-confidence. From the aspect of gender, there is no significant difference, while respondents have high self-esteem with high school education.

## **Dependency/Contingency Analysis**

The Chi-Square analysis determines the dependency of the independent variable on the dependent variable. This study uses the Chi-Square test because lifestyle is a nominal scale variable. Based on Table 3, the value of sig. < 0.05. It shows a dependency between lifestyle and gadget purchasing decision variables. Therefore it can be concluded that  $H_1$  is accepted and  $H_0$  is rejected. Likewise, the dependency between the self-esteem and purchasing decision variables (Significance <0.001). As a product loaded with technological sophistication, the gadget is also a touch of fashion.

Table 3. Chi-Square Analysis					
	Asymptotic Significance				
	Value	df	(2-sided)		
Lifestyle and Gadget Purchasing Decision	15.361a	4	0.004		
Self-Esteem and Gadget Purchasing Decision	25.561 <sup>a</sup>	4	< 0.001		

The contingency coefficient is a correlation test between two variables with a nominal data scale. It aims to determine the association or relationship between two related variables. The following results (Table 4) are from the contingency coefficients of lifestyle variables, self-esteem, and gadget purchasing decisions.

Table 4. Contingency Coefficient			
	Value	Approximate Significance	
Lifestyle and Gadget Purchasing Decision	0.365	0.004	
Self-Esteem and Gadget Purchasing Decision	0.451	< 0.001	

Table 4. Contingency Coefficient

Based on Table 4, with a significance of 0.004 and a contingency coefficient of 0.365, it can be said that the relationship between lifestyle and gadget purchasing decisions is relatively weak, with a significance of < 0.001 and a contingency coefficient of 0.451. The close correlation between self-esteem and the decision to purchase a gadget is quite strong.

### DISCUSSION

Based on the data processing results above, the lifestyle variable strongly depends on the gadget purchasing decision. It shows that lifestyle is related to a person's behavior in making gadget-purchasing decisions, even though it is pretty weak. Lifestyle impacts consumptive buying behavior because it is triggered by the desire always to follow trends so that there is a desire to buy goods that are following trend developments. The greater a person's lifestyle, the greater the potential and improvement of consumer purchasing decisions.

Based on the data processing results, the implications between the two lifestyle variables and the decision to purchase a gadget on the marketing strategy of the gadget. Companies that produce gadgets can make considerations to produce gadgets by the purchasing considerations of the majority of respondents, namely by looking at the quality of the gadget. In addition, the company can adjust the price of the gadget according to the level of purchasing power and the nominal that the majority of Generation Z people are willing to spend, namely IDR 10,000,000 up to IDR 20,000,000.

This research is in line with the previous ones conducted by Wijonarko (2016) that reinforced the conclusion that lifestyle had a dependency on the purchase of gadget because the use of gadget in students got fulfillment to be seen as a broad-minded and highly intellectual individuals, by Sutji and Saptomo (2017) that found that lifestyle had a positive and significant dependency on gadget purchases, by Das and Panigrahi (2017) that showed influence on lifestyle was high on the purchasing decisions, by Halim and Dinaroe (2019) that showed lifestyle, money attitude, and personal value affects significantly towards the purchase decision of Apple products, by Andi and Ali (2019) that also showed lifestyle has a positive and significant effect on purchasing decision of Samsung smartphone in Jakarta, by Hidayat (2022) that suggested social media and peer group interaction influence the gadgets impulsive buying, and by Moreover, Oe et al. (2022) that suggested Chinese consumers are more concerned with fashionableness in smartphone purchase.

In addition, the self-esteem variable has a significant and positive dependency on the gadget purchasing decision variable. The results of the Chi-Square analysis test in Table 3 show that the self-esteem variable has a significance value of <0.001. The test results indicate a desire to appear attractive to teenagers by owning a smartphone. Self-esteem is formed and develops based on experiences and interpretations of the environment, other people's judgments, attributes, and self-behavior. Self-esteem development affects the behavior displayed, so how other people treat and what others say about the individual will be used as a reference for self-assessment. These results reinforced the previous research (Herawati, 2009; Alfiah & Budiani, 2014; Elida et al., 2021; and Hidayat, 2022).

### CONCLUSIONS

Based on the data processing results above, the lifestyle variable strongly depends on the gadget purchasing decision. It shows that lifestyle is related to a person's behavior in purchasing gadgets even though it has a weak impact. This result seems strange because gadget purchasing theoretically relates to an individual's lifestyle. Stylish people update and upgrade their belongings, including their gadget styles. However, the self-esteem variable strongly impacts the gadget purchasing decisions of Generation Z.

The research has implications between the two variables, self-esteem and the decision to purchase a gadget, on the marketing strategy. Companies that produce gadgets can make considerations to produce gadgets with the consideration that the higher a person's self-esteem, the higher his desire to always appear attractive in front of others. Therefore, in producing gadgets, companies must be able to follow the development of existing trends and fashions so that respondents are interested in buying their gadget products.

The boundaries used in this study will focus on Generation Z, 18–26 years old, and have purchased a gadget at least once. It can be more focused on the research objectives and research problems. Future research should expand it to those who have bought more than one gadget to get precise responses.

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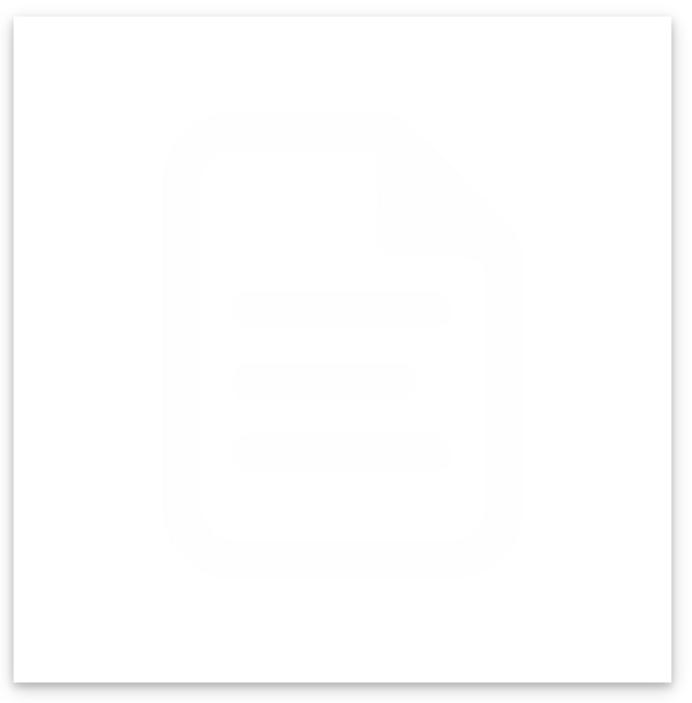
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# LIFESTYLE AND SELF-ESTEEM OF GENERATION Z IN GADGET PURCHASING DECISION

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#### **Abstract**

The consumer purchasing decision is one of the essential aspects for companies to assess the success of their products. Lifestyle and self-esteem can cause consumer purchasing decisions. This study aimed to find the dependencies between lifestyle and self-esteem with the decision to purchase gadgets by Generation Z. The type of research was quantitative research with a judgmental sampling technique. The samples were 100 respondents who had purchased a gadget at least once. This study used questionnaires to collect data and processed the chi-square test by SPSS 2.5. The results showed that lifestyle and self-esteem had a positive dependency relationship on consumer purchasing decisions.

*Keywords*: lifestyle; self-esteem; gadget; purchase decisions; generation z

### INTRODUCTION

In the modern era, humans experience rapid development. This development holistically affects every aspect of human life, which results in different characters in each generation. Since the emergence of the generation theory, there have been various generations, such as Generations X, Y, and Z. Philip (2019) mentions that there are five generations born after the world war, namely baby boomers (born in1946–1964), Generation X (born 1965–1980), Generation Y (born in 1981–1994), Generation Z (born 1995–2009), and Generation Alpha (born in 2011–2025). Currently, Generation Z has entered a productive age which makes it the holder of a milestone in the development of a nation. Various privileges possessed by Generation Z support it because it was born amid the development and progress of human civilization.

Generation Z, in general, has the following characteristics: (1) social, which is very intense interaction through social media; (2) fluent in technology; (3) expressive, that is, tend to be tolerant of cultural differences and very concerned with the environment; and (4) quickly move from one job thought to another job owner (Wibawanto, 2016). Social and environmental situations predominantly formed these characters that occurred when Generation Z was born and grew up during the modernization period. The rapid development of technology has provided many conveniences in accessing information. It has made Generation Z a generation that is responsive, rich in information, and able to absorb developments. However, these various developments also affect the lifestyle and psychology of Generation Z.

Generation Z's openness to information makes their life needs diverse. Especially the need for various electronic gadgets essential in supporting daily life activities. One of the electronic gadgets that is a vital component for Generation Z is a gadget, especially a smartphone. According to Williams and Sawyer (2011), a gadget was a cellular phone combined with the functionality of a PC and handset. So, it produced a luxury gadget that included text messaging applications, cameras, music players, videos, games, email access, digital TV, search engines, personal information managers, GPS, internet, and digital wallets.

The facilities contained in the gadget are not only limited to telecommunication functions. For Generation Z, the gadget is also one of lifestyle icons. A smartphone is a communication product that provides prestige value for its users who have become part of the lifestyle of Generation Z and society in general. The need for gadgets, especially the type of smartphone for the community, makes the gadget no longer a secondary need but a primary need. Gadget manufacturers are increasingly competing to produce and develop gadgets with the latest technology, and gadgets are no longer just necessary. However, they have become a symbol that determines one's existence.

Gadgets are no longer viewed based on their primary functions but on quality, specifications, and accompanying brands. The ability to send and receive messages, take pictures, or even record them on a gadget is currently a social standard that Generation Z must have. However, the quality of these features dramatically affects a person's existence in a social group. Using a smartphone with a particular brand will give special pride because it has good specifications and high quality. It indirectly affects a person's self-confidence. It has an impact on consumptive behavior that increases the number of gadget purchases. Generation Z, who is currently young, tend to adopt other people's traits to see if those traits suit them. They observe and try to do the same to fit into particular social groups. For example, several groups use smartphones with certain brands that are popular among the public. If they do not have a smartphone with the same brand, they feel that they are individuals who are behind the times and not "up to date," which can have an impact on existence that affects their influence. One's self-esteem to himself or often called self-esteem. Johnson states self-esteem is an evaluation of a person in assessing himself, namely how satisfied a person is with himself (Sveningson, 2012). Several characteristics show the level of individual selfesteem. Rosenberg and Owens suggest that individuals with high self-esteem are optimistic; proud, and satisfied with themselves; more sensitive to their level of ability and competence, ignore negative feedback and seek feedback on competence; accept the adverse events experienced; and try to improve themselves (Guindon, 2010). On the other hand, adolescents with low self-esteem tend to show characteristics: Such as pessimism, dissatisfaction with themselves, want to be someone else or to be in someone else's position, more sensitivity to experiences that will damage their self-esteem (disturbed by criticism from others and more emotional when experiencing failure), tending to see events as unfavorable (exaggerating the adverse events experienced).

The lifestyle of Generation Z, which tends to require electronic gadgets, especially capable smartphones, is also influenced by each individual's self-esteem level. Someone with high self-esteem will not try to prove his position by showing ownership of a prestige symbol but will have more confidence in his quality. On the contrary, what happens if someone has low self-esteem? The need for self-existence and freedom in socializing is an effort made by a person to show his social position in society, one of which is by owning a gadget that has a high value in the eyes of society. It indirectly affects the purchase of gadgets by Generation Z. They have a strong desire to continuously upgrade the gadget's specifications following the latest technological developments and production.

There is a research gap compared to the previous research. The recent research focused on the digital gadget addiction effect on lifestyle (Hoque, 2018), on Generation Z's lifestyles towards technology or digital developments (Wijaya, Darmawati, & Kuncoro, 2020), on impulse purchase orientation, quality orientation, brand orientation, online trust, and online purchase experience (Isa, Annuar, Gisip, & Lajuni, 2020; Hidayat, 2022), on the sustainable orientation of Generation Z in retail (Dabija, Bujan & Puşcaş, 2020), on the role of brand identity (Buenafe, Espedido, Samonte, Vitto, & Magsino Marasigan, 2022). In contrast, this research will explore the role of Generation Z's lifestyle and self-esteem in their gadget purchasing decisions.

The research problems are: does lifestyle have a dependency on the purchase of gadgets in Generation Z? and does self-esteem have a dependency on buying a gadget in Generation Z? Based on the problem formulation, here are the research objectives: To describe test, and analyze lifestyle dependencies with the purchase of a gadget in Generation Z and to describe, test, and analyze the dependence of self-esteem (self-esteem) with the purchase of a gadget in Generation Z. In his essay entitled The Problem of Generations, Karl Manheim first introduced the theory of generation, which was then continuously developed by experts (Rachmawati, 2019). Kupperschmidt (2000) defined a generation as a group of individuals who identified their group based on the similarity in a year of birth, age, location, and events in their life of a group of in dividuals, which has a significant influence on the growth phase.

Many experts developed the theory of generation, but broadly speaking, classified into several generations; namely, the baby boomer generation, Generation X, Generation Y or commonly referred to as millennials, and Generation Z, called Generation Z, also as iGeneration or net generation (Putra, 2017). In 1990, Stillman began to conduct his research by researching the various generations and dividing the generation starting from the Generation of baby boomers. Each generation has different backgrounds and characters, such as historical factors, educational background, environment, technology, trends, and culture. In addition, there are micro factors that can influence the character of an individual, such as the family environment in which a person grows up, which has a more decisive influence than macro factors, such as trends that are emerging when an individual grows up (Stillman & Stillman, 2018). In comparison, Kupperschmidt (2000) divided generations into several, namely Generation X with a range of 1930–1980, Generation Y with a span of 1980–1995, and Generation Z with a span of 1995–2010.

Generation Z was born between 1995 and 2010 (Kupperschmidt, 2000). This generation was born and grew up when digital technology was developing rapidly. Since childhood, Generation Z has been familiar with sophisticated gadgets, for example, smartphones. Technology has started to become a part of everyday life. Therefore Generation Z is a digitally native generation who grew up with technology.

Cell phones are one of the most important objects for members of Generation Z. The cell phone is always in their hands. When talking with other people in the real world, the same time, it can also establish communication with other people in cyberspace. Sigarlaki (2009) added that Generation Z is a generation that quickly loses focus and is dependent on technology. Generation Z members can also relate to people in cyberspace when they are active with other people in the real world. The short message service feature makes it easier for Generation Z to establish long distance communication. However, the ease of instant messaging reduces the intensity of encounters in the real world, which is different from the previous generation.

Generation Z is adept at using the internet, smartphones, computers, and other digital gadgets. All gadgets connect to internet facilities. They only need various kinds of information to type their finger and keywords in a search engine. Looking at the cellphone screen makes Generation Z more accustomed to visual stimuli. Google and YouTube are both places and sources for digging for information. In addition, social networking trends have also become very popular among Generation Z teenagers. So broadly speaking, Generation Z is a generation that grows together with technology and cannot be separated. Generation Z, as the current young generation, is expected to become a generation that is ready to face the future in the digital world. With telecommunication technology proficiency coupled with good social skills, Generation Z can undoubtedly be a superior generation.

Lifestyle is how a person does activities, carries out interests, and makes various choices in his life. Lifestyle describes "one's whole self" in interacting with the environment (Kotler, Keller, & Chernev, 2022). According to Mowen and John (2002), lifestyle shows how people live, spend their money, and allocate time. In addition, lifestyle, according to Rismiati and Suratno (2006), was a person's pattern of living in daily life which was expressed in the activities, interests, and opinions concerning. Lifestyle reflects the whole person who interacts with the environment. Therefore, activities, interests, and opinions in spending money and time allocation express a person's lifestyle.

Behavioral patterns will always be different in different situations or social environments and are constantly changing, and nothing is constant. An individual's lifestyle, characterized by individual behavior patterns, will have an impact on the health of the individual and subsequently on the health of others. In "health," a person's lifestyle can be changed by empowering the individual to change his lifestyle but changing it not only for the individual but also by changing the social environment and conditions of life that affects his behavior patterns. No standard rules about the "same and suitable" lifestyle apply to everyone. Culture, income, family structure, age, physical ability, home environment, and work environment make various "styles" and living conditions more attractive, applicable, and acceptable.

Mowen and Minor suggested there were nine types of lifestyles, namely, as follows (Sumarwan, 2011). Functionalist is the lifestyle of a person spending money on essential things and being less than 55 years old and married. They use assets spent on essential things such as education, health, and rental housing. This lifestyle usually occurs in factory workers, construction workers, and other unskilled workers who have low to average education. They have mediocre property ownership and lack the opportunity to increase their level of life, so they tend to use the assets they have only for things considered critical, especially those who do not. They have a high educational background, so they lack the vision to change the situation.

Nurturers lifestyle focuses more on raising children, building a household, and family values. Young people are just starting a household, so the use of their wealth is focused on family life and building a comfortable home for their lives. Later. Usually have an average economic level and higher education. People with a nurturers lifestyle tend to want an everyday, comfortable, and safe life so that from the start of building their household, they will focus on preparing the family. It is due to their high educational background and economic adequacy that they can, formulate a more optimistic vision and mission of life.

Aspirers lifestyle focuses more on enjoying a high lifestyle by spending an above average amount of money on getting status, having a high level of education, and a high economy. People who adhere to the aspirer's lifestyle have an environment of high social status caused by opportunity because they also have high education and economics. However, they are then obsessed with living in luxury without interpreting its essence, so they tend to have the desire to continue to increase their extension by buying various products. Experiential is a person's lifestyle that prioritizes spending money above the average on goods that are entertainment, hobbies, and pleasures. Usually owned by a group of entrepreneurs who have average education but are persistent in their work, they have a high economic level. People with experientials lifestyles tend to like their hobbies, so they push themselves to work to fulfill various needs that can support hobbies.

Succeeders is a lifestyle with the highest economic level but prioritizes long term effects such as education, investment, and self-development. This lifestyle usually has an established household, has a middle age, and is highly educated. Usually, They are prominent entrepreneurs who prioritize the progress of their businesses. People who have the lifestyle of success in addition to having a high economic level are also intelligent and visionary people who come from an excellent educational and social background, so they always mean different.

Moral Majority is the lifestyle of a person willing to spend big on educational organizations, political matters, and the church. This group is in the emptynest stage and has the second highest income single breadwinner. They are highly educated and highly educated people in the economy. People with a moral majority lifestyle have very high social sensitivity and have experienced various events that encourage them to participate in helping to improve social welfare.

The Golden Years lifestyle is retirees and has savings used for entertainment in old age and renovating homes for the comfort of life after quitting work. They are people with high education and a high economy. People who have the lifestyle of the Golden Years are usually people who spend their productive days working and developing their potential so that they have enough knowledge and wealth to be able to arrange a good retirement plan. Sustainer lifestyle is a lifestyle owned by retirees or old age. It has the highest level of income and spends it on mere entertainment such as alcohol, prostitution, and gambling. People with a sustainable lifestyle tend not to use their productive time with positive things, so they cannot control their attitudes and behavior even though they are old. People with low socioeconomic status own subsisters lifestyles. Most people with this lifestyle are breadwinner families, single parents, and minority groups.

Lifestyle measurement can be done by psychographic analysis using AIO (Activities, Interest, Opinion) indicators to measure lifestyle, personality, and consumer demographics. Manufacturers often use the psychographic approach in promoting their products (Jushermi, 2013). Plummer and Assael explained that lifestyle would develop in each dimension (AIO) (in Nugroho, 2013), shown in Table 1.

	Table 1. Lifestyle Inventory	
Activities	Interest	Opinion
Work	Family	Oneself
Hobby	Home	Social Problem
Social Events	Work	Politic
Holiday	Community	Business
Entertainment	Recreation	Economy
Club member	Fashion	Education
Community	Food	Product
Shopping	Media	Future
Workout	Achievement	Culture

Source: Plummer and Assael (in Nugroho, 2013)

Psychographics contains several statements describing consumers' activities, interests, and opinions of consumers. Producers often use it in promoting their products (Jushermi, 2013). Psychographics has always been a valid and valuable methodology for many marketers. In this study, the Generation Z lifestyle was measured based on the AIO dimensions identified by Plummer. Plummer and Assael state that activity shows how a person spends his time in everyday life (Nugroho, 2013). From the indicators of activities, this research will use the dimensions of work, hobbies, social events, entertainment, holidays, club members, and community. The reason for using the working dimension is that gadgets are goods with reasonably high prices, so not all people can buy a gadget. The reason for using the dimensions of hobbies, social events, entertainment, holidays, club members, and communities is because many people in Indonesia have communities or clubs that love certain gadget brands and have a hobby of collecting and following developments. The sports dimension is unrelated to this study.

Plummer and Assael also state that interest is an interest that a person considers important in the surrounding environment (Nugroho, 2013). This study will use family, home, work, community, recreation, fashion, and media dimensions. The reason for using the dimensions of family, home, and work is that the purchase of gadget products is strongly influenced by the family, home, and work environment that likes to use a gadget. The reason for using fashion indicators is that fashion products from a gadget are related to fashion trends. It uses the media dimension because product marketing uses social media. So it can be concluded that the role of media is crucial. It does not use the food and achievement dimensions because they are unrelated to this research.

Moreover, Plummer and Assael state that opinion is a person's view of himself and others (Nugroho, 2013). This research will use the dimensions of self, economy, product, business, culture, and social problems. The reason for using self and culture indicators is that each individual has a different internal and external culture. The reason for using the dimensions of economics, business, and social problems is because economic conditions and social problems can influence consumer decisions in purchasing gadget products in Indonesia. It uses the product indicators because the quality of gadget products will affect consumers in buying a product. It does not use dimensions of politics and education because they are unrelated to this research.

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Based on the dimensions of each AIO indicator (Activities, Interests, Opinions). Based on the set of dimensions of each AIO indicator (Activities, Interests, Opinion), the classification to determine the type of respondent's lifestyle will use psychographic measurements containing questions designed to assess the type of lifestyle. It also reveals each respondent's activities, interests, and opinions and will then be classified according to the type of lifestyle each. Table 2 categorizes the lifestyle classifications.

	Functionalist	Nurturers	Aspirers	Experiential	Succeeders	Moral Majority	The Golden Years	Sustainers	Subsisters
				A	ctivities				
Hobby				$\checkmark$	$\checkmark$		$\checkmark$	$\checkmark$	$\checkmark$
Holiday				$\checkmark$			$\checkmark$		$\checkmark$
Entertainment				$\checkmark$			$\checkmark$	$\checkmark$	$\checkmark$
Work	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$			
Social Event						$\checkmark$			
Shopping			$\checkmark$					$\checkmark$	$\checkmark$
Community						$\checkmark$	$\checkmark$		$\checkmark$
					Interest				
Family	$\checkmark$	$\checkmark$				$\checkmark$	$\checkmark$		
Community				$\checkmark$			$\checkmark$		$\checkmark$
Fashion			$\checkmark$						
Work	$\checkmark$	$\checkmark$			$\checkmark$				
Media									$\checkmark$
Recreation				$\checkmark$			$\checkmark$	$\checkmark$	$\checkmark$
				(	Opinion				
Oneself	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$		$\checkmark$	$\checkmark$	$\checkmark$
Culture						$\checkmark$			
Business		$\checkmark$		$\checkmark$	$\checkmark$				$\checkmark$
Politic									
Economy			$\checkmark$						$\checkmark$
Social Problem						$\checkmark$			
Product			$\checkmark$	$\checkmark$			$\checkmark$		

Table 2. Lifestyle	Classification	Based on AIO
Table 2. Lifestyle	Classification	Dasca on mo

According to Bos, Muris, Mullens, and Schaalma (2006), the development of self-esteem (both global and selective self-esteem) in individuals from childhood to adulthood only decreases in adolescence. The drastic decline in global self-esteem in adolescents is related to the storm and stress phase during adolescence, as indicated by changes in biological, cognitive, social, psychological, and academic (Bos et al., 2006).

In addition, Erikson suggested that the increase in cognitive abilities experienced by adolescents is also related to the task of socioemotional development, which enters the identity vs. confusion stage (Guindon, 2010). Who is he? and how to show oneself according to one's identity. It is because, at this stage, adolescents feel that displaying self-image is essential, for example, in appearance, activities, or comparisons with highly admired adults. With the task of socio-emotional development, adolescents begin to have self-awareness and focus on themselves (Marotz & Allen, 2013). Harter suggests that the existence of self-awareness and increased capacity for self-reflection makes adolescents feel that there is a difference between the actual self and the ideal self (Guindon, 2010). The existence of this discrepancy between the actual self and the ideal self has an impact on the decline in adolescent self-esteem.

Several characteristics show the level of individual self-esteem. Rosenberg and Owens suggest that individuals who have high self-esteem show themselves: as optimistic individuals; proud and satisfied with themselves; more sensitive to their level of ability and competence, ignore negative feedback and seek feedback on competence; accept the adverse events experienced, and try to improve themselves; more often experience positive emotions (happy); flexible, courageous, and better able to express themselves when interacting with others (spontaneous and active); trying to do something so that his capacity increases (grows and develops more); dare to take risks; be positive towards other people, groups, or institutions; constructive thinking (flexible); able to make decisions quickly and confidently with the decisions he made (Guindon, 2010).

On the other hand, adolescents with low self-esteem tend to show characteristics such as: pessimism; dissatisfaction with themselves, desire to be someone else or to be in someone else's position; more sensitivity to experiences that will damage their self-esteem (disturbed by criticism from others and more emotional when experiencing failure); tend to see events as unfavorable (exaggerating adverse events experienced); tend to experience social anxiety

and more often experience negative emotions; clumsy, shy, and unable to express themselves when interacting with others (less spontaneous and more passive); protect oneself and do not dare to make mistakes; avoid taking risks; cynical and have a negative attitude towards other people, groups, or institutions; thinking tends to be non constructive (inflexible), and tend to be indecisive and slower to respond when making decisions.

Three critical components influence the high and low self-esteem of adolescents involved in the self-evaluation process, namely, feedback from significant others; knowledge about who he is and feelings about his identity, values owned, belief in personal values; and awareness of the level of competence and appreciate their achievements (Bos et al., 2006). In line with these components, Mruk (2006) also argued that several external factors could affect adolescent self-esteem. Namely family factors (both parental support and involvement, parental warmth, parental expectations and consistency, parenting, and modeling), gender, race, ethnicity, socio-economic status, and social value.

People who have high self-esteem tend to have good self-confidence. Their strength shows it, so they are not easily influenced by new things they meet, their ability to regulate and influence others, achievements, and the awareness to comply with various applicable rules and norms (Guindon, 2010). Individuals who have high self-esteem tend to get good enough attention and positive affirmations so that they will indirectly. Hidayat (2022) mentioned that new resources that are the primary basis for impulsive buying are gadgets or devices and marketplaces with their applications. Internal factors that encourage impulsiveness are cognitive dissonance, hedonism and materialism, anxiety/uncertainty, and self-esteem. This study measures self-esteem by indicators, as stated by Coopersmith, which are Significance, virtue, and competence (Buss, 1995).

The definition of purchasing is a buyer's decision and integration process to combine and evaluate two or more options and choose one (Kotler et al., 2022). Device users tend to consider various things, one of which is price, brand, specifications, and trends, when buying a device. Internal psychological factors strongly influence a person's purchasing decisions, and marketers must pay attention to consumer lifestyles suitable for their products to increase their marketing effectiveness and efficiency. Kotler et al. (2022) explain that the decision making process is a basic psychological process that plays a vital role in understanding consumers' purchasing decisions. The starting point for understanding consumer behavior is the stimulus response model. Marketers shall understand what happens in the consumer's consciousness between the arrival of external stimuli and the final purchasing decision. Four critical psychological processes fundamentally influence consumer responses to various marketing stimuli, motivation, perception, learning, and memory.

Lifestyle has an essential role in a person's decision making process. Research conducted by Wijonarko (2016) also strengthens the conclusion that lifestyle has a dependency on the purchase of gadgets because the use of the gadget in students gets fulfillment to be individuals with broad insights and highly intellectual. In their research, Suji and Saptomo (2017) state that lifestyle has a positive and significant dependency on gadget purchases. Das and Panigrahi (2017) show that lifestyle influence strongly influences purchasing decisions. Halim and Dinaroe (2019) show that lifestyle, money attitude, and personal value significantly affect the purchase decision of Apple products. Andi and Ali (2019) also show that lifestyle positively and significantly affects purchasing decisions for Samsung smartphones in Jakarta.

Further, Hidayat (2022) suggests that social media and peer group interaction influence gadgets' impulsive buying. Moreover, Oe, Yamaoka, and Sato (2022) suggest that Chinese consumers are more concerned with fashionableness in smartphone purchases. Through the elaboration of these concepts, the hypotheses in this study are as follows:

H1: Lifestyle has a dependency on gadget purchasing decisions.

Self-esteem has an essential role in the process of making a person's purchasing decision. Herawati (2009) in her research stated that self-esteem has a positive and significant relationship with gadget purchasing decisions. Alfiah and Budiani (2014) conclude that a positive and significant relationship exists between self-esteem and decision making to purchase the gadget. Elida, Rahardjo, and Raharjo (2021) found that self-esteem and marketing mix correlated with an online shopping decision. In comparison, Hidayat (2022) states that the primary basis for impulsive buying is gadgets or devices, and self-esteem is one of the internal factors that encourages impulsiveness. Through the elaboration of these concepts, the hypotheses in this study are as follows:

H2: Self-Esteem has a dependency on gadget purchasing decisions.

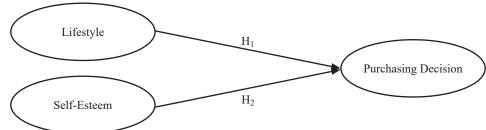


Figure 1. Research Framework

## **METHODS**

This study tested the dependency of lifestyle and self-esteem on the decision to purchase a gadget. The research method used to conduct this research was quantitative research, namely revealing dependencies between variables expressed in numbers and explaining them by comparing existing theories and using data analysis techniques according to the variables in the study (Sugiyono, 2017). The variables studied in this study are lifestyle, self-esteem, and gadget purchasing decisions in Generation Z. This study will prove the hypothesis that has been formulated previously and then produce a simulation.

This study selected Generation Z, who had a birth year range of 1995–2010 and at least once decided to purchase a gadget to become a population. They can assess in this study are people who have decided to purchase a gadget and are included in Generation Z. In this study, the sample used was part of the existing population because the population was huge and could not be determined.

The sample collection method was judgmental sampling. According to Ferdinand (2014), judgmental sampling is a sample collection method that carries out using certain considerations adapted to the research objectives or research problems. Therefore, this study determined several considerations and criteria that the respondent must meet. It only uses respondents who meet the criteria. The criteria for this research were Generation Z, born between 1995 and 2010, and purchased a gadget at least once. The sample taken will use the Lemeshow formula (1997) the number of samples is 96 and rounded up to 100. Respondents were Generation Z, who had decided to purchase a gadget at least once. They filled out the distributed questionnaires in Google form. The questionnaire contained statements about Generation Z's lifestyle, self-esteem, and purchasing decisions.

After data was collected, the next process was testing validity and reliability. The Pearson correlation is valid if the Significance is < 0.05 (Arikunto, 2012). While the reliability test used Cronbach's Alpha. The questions were reliable if Cronbach's Alpha value was > 0.6 (Arikunto, 2012). When the data is valid and reliable, it moves to analyze descriptive statistics and test the dependency between variables by Chi-Square. Moreover, this study also tested the closeness of relationship among variables by calculating the contingency coefficient with the following criteria: 0.00 to 0.19 = very weak relationship; 0.20 to 0.39 = weak relationship; 0.40 to 0.59 = quite strong relationship; 0.60 to 0.79 = strong relationship; - 0.80 to 1.00 = very strong relationship.

## RESULTS

This study determines the accuracy and validity of the statements in the distributed questionnaire to 30 respondents. It tested data using SPSS. The validity test results showed that all indicators of the lifestyle and self-esteem variables were declared valid. The reliability test results also showed that the instruments for all indicators of the lifestyle and self-esteem variables were reliable or consistent.

Respondents who will be the subject of this study were Generation Z, aged 18–26 years old, and had purchased a gadget at least once. The number of respondents in this study was 100 people. As many as 51% were male and 49% female, which explained that male and female respondents had almost the same opportunity to purchase a gadget. As many as 64% had the last high school education, and 35% had college. Most respondents who made purchasing decisions more often had a high school education and above. Data reinforce that 57% of respondents were students, 23% were entrepreneurs, and 20% were employees. 73% of respondents stated that they purchased the gadget when they were damaged, while 26% made purchases once a year. The three main things to consider when purchasing a gadget are quality, price, and brand. Most respondents have high purchasing power and social status because 50% are willing to spend IDR 10,000,000 up to IDR 20,000,000 to buy a gadget and 30% more than IDR 20,000,000.

Lifestyle variables are measured by grouping each respondent's lifestyle type, which is measured using the AIO (Activities, Interest, Opinion) indicator. Then it will be classified according to the type of each lifestyle. The most dominant lifestyle is experientials lifestyle, as much as 66%, followed by the succeeders lifestyle of as much as 32%, and the moral majority and functionalist lifestyle of only 2%. It shows that the respondent's lifestyle prioritizes hobbies, entertainment, and fun and has a reasonably high economic level. From the aspect of gender, there is no significant difference, while respondents own the lifestyle of experiential and succeeders with a high school and college education.

Based on the mean analysis, it shows that the overall responses for the self-esteem variable are 4.01 in the high category. It shows that the respondent has a good assessment of himself and has a high level of satisfaction and self-confidence. From the aspect of gender, there is no significant difference, while respondents have high self-esteem with high school education.

The Chi-Square analysis determines the dependency of the independent variable on the dependent variable. This study uses the Chi-Square test because lifestyle is a nominal scale variable. Based on Table 3, the value of sig. < 0.05. It shows a dependency between lifestyle and gadget purchasing decision variables. Therefore it can be concluded that H1 is accepted and H0 is rejected. Likewise, the dependency between the self-esteem and purchasing decision variables (Significance < 0.001). As a product loaded with technological sophistication, the gadget is also a touch of fashion.

	Table 3. Chi-Squar	e Analysis		
Value         df         Asymptotic Significance (2-sided)				
Lifestyle and Gadget Purchasing Decision	15.361 <sup>a</sup>	4	0.004	
Self-Esteem and Gadget Purchasing Decision	25.561 <sup>a</sup>	4	< 0.001	

The contingency coefficient is a correlation test between two variables with a nominal data scale. It aims to determine the association or relationship between two related variables. The following results (Table 4) are from the contingency coefficients of lifestyle variables, self-esteem, and gadget purchasing decisions.

Table 4. Contingency Coefficient			
	Value	Approximate Significance	
Lifestyle and Gadget Purchasing Decision	0.365	0.004	
Self-Esteem and Gadget Purchasing Decision	0.451	< 0.001	

Based on Table 4, with a significance of 0.004 and a contingency coefficient of 0.365, it can be said that the relationship between lifestyle and gadget purchasing decisions is relatively weak, with a significance of < 0.001 and a contingency coefficient of 0.451. The close correlation between self-esteem and the decision to purchase a gadget is quite strong.

#### DISCUSSIONS

Based on the data processing results above, the lifestyle variable strongly depends on the gadget purchasing decision. It shows that lifestyle is related to a person's behavior in making gadget purchasing decisions, even though it is pretty weak. Lifestyle impacts consumptive buying behavior because it is triggered by the desire always to follow trends so that there is a desire to buy goods that are following trend developments. The greater a person's lifestyle, the greater the potential and improvement of consumer purchasing decisions.

Based on the data processing results, the implications between the two lifestyle variables and the decision to purchase a gadget on the marketing strategy of the gadget. Companies that produce gadgets can make considerations to produce gadgets by the purchasing considerations of the majority of respondents, namely by looking at the quality of the gadget. In addition, the company can adjust the price of the gadget according to the level of purchasing power and the nominal that the majority of Generation Z people are willing to spend, namely IDR 10,000,000 up to IDR 20,000,000.

This research is in line with the previous ones conducted by Wijonarko (2016) that reinforced the conclusion that lifestyle had a dependency on the purchase of gadget because the use of gadget in students got fulfillment to be seen as a broadminded and highly intellectual individuals, by Sutji and Saptomo (2017) that found that lifestyle had a positive and significant dependency on gadget purchases, by Das and Panigrahi (2017) that showed influence on lifestyle was high on the purchasing decisions, by Halim and Dinaroe (2019) that showed lifestyle, money attitude, and personal value affects significantly towards the purchase decision of Apple products, by Andi and Ali (2019) that also showed lifestyle has a positive and significant effect on purchasing decision of Samsung smartphone in Jakarta, by Hidayat (2022) that suggested social media and peer group interaction influence the gadgets impulsive buying, and by Moreover, Oe et al. (2022) that suggested Chinese consumers are more concerned with fashionableness in smartphone purchase.

In addition, the self-esteem variable has a significant and positive dependency on the gadget purchasing decision variable. The results of the Chi-Square analysis test in Table 3 show that the self-esteem variable has a significance value of <0.001. The test results indicate a desire to appear attractive to teenagers by owning a smartphone. Self-esteem is formed and develops based on experiences and interpretations of the environment, other people's judgments, attributes, and self-behavior. Self-esteem development affects the behavior displayed, so how other people treat and what others say about the individual will be used as a reference for self-assessment. These results reinforced the previous research (Herawati, 2009; Alfiah & Budiani, 2014; Elida et al., 2021; and Hidayat, 2022).

### CONCLUSIONS

Based on the data processing results above, the lifestyle variable strongly depends on the gadget purchasing decision. It shows that lifestyle is related to a person's behavior in purchasing gadgets even though it has a weak impact. This result seems strange because gadget purchasing theoretically relates to an individual's lifestyle. Stylish people update and upgrade their belongings, including their gadget styles. However, the self-esteem variable strongly impacts the gadget purchasing decisions of Generation Z.

The research has implications between the two variables, self-esteem and the decision to purchase a gadget, on the marketing strategy. Companies that produce gadgets can make considerations to produce gadgets with the consideration that the higher a person's self-esteem, the higher his desire to always appear attractive in front of others. Therefore, in producing gadgets, companies must be able to follow the development of existing trends and fashions so that respondents are interested in buying their gadget products. The boundaries used in this study will focus on Generation Z, 18–26 years old, and have purchased a gadget at least once. It can be more focused on the research objectives and research problems. Future research should expand it to those who have bought more than one gadget to get precise responses.

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