# Designing a Board Game as a Medium for Introduction to Indonesian Spices for Generation Z

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# Designing a Board Game as a Medium for Introduction to Indonesian Spices for Generation Z

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Abstract. As a cultural heritage that is still frequently used until now, spices play an important role in Indonesian people's kitchen affairs. However, many of Generation Z are less familiar with Indonesian spices commonly used in cooking. The cause of the lack of knowledge is that they rarely see and use it directly during their activities. On the other hand, they have also made things easier with instant spices or ready-made food sold by restaurants or cafes. Therefore, this design aims to introduce Indonesian spices interactively and encourage the active involvement of Generation Z. This design used qualitative research methods by collecting data through interviews, observations, questionnaires, and literature studies. The data analysis methods used are the Why Test, 4P, and SWOT. The result of this design is a board game as a medium for Generation Z to learn about 20 types of spices cultivated in Indonesia.

Keywords: Spices, Generation Z, Educational Media, Board Game

### 1 Introduction

According to data from the Negeri Rempah Foundation, more than half of the total spice species in the world are in Southeast Asia, of which Indonesia is dominant [1]. Based on data obtained by the Food and Agricultural Organization (FAO) in 2020, Indonesia is also one of the largest spice-producing countries in the world [2]. These facts are proof that Indonesia is indeed a country rich in spices and is known as the Mother of Spices. Spices are parts of plants such as roots, rhizomes, seeds, fruit, flowers, and leaves commonly used to provide taste, color, and aroma to various Indonesian dishes [3]. Each spice has a different shape, color, smell, taste, and processing method. There are three categories of spices, namely fresh spices, dried spices, and aromatic spices. Fresh spices include shallot, garlic, candlenut, galangal, and ginger, while dry spices include black pepper, white pepper, coriander, cumin, cinnamon, star anise, and cardamom. Aromatic spices include lemongrass, lime leaves, bay leaves, and turmeric leaves. The most dominant use of spices is in the culinary industry. However, spices have other benefits in the beauty industry and traditional medicine.

Based on the history that occurred hundreds of years ago, Indonesian spices were sought after by various countries in the world because of their benefits. Not only as a kitchen spice, spices were often used as ingredients for perfume, meat preservatives, corpse preservation, and medicines for deadly diseases. These facts made Indonesian spices a 'luxury' asset in its time. The fact that Indonesian spices were once a matter of pride has become an irony in modern times. The influx of foreign dishes and spices into Indonesia could threaten the existence of local spices in the culinary industry today. This phenomenon is the impact of globalization and advances in communication technology that make it easier to access cultures from other countries. According to Prof. Dr. Ir. Murdijati Gardjito, spices and local cuisine seem increasingly neglected in their land. In fact, as the world's largest gastronomic kitchen, local spices actually have great potential to be developed [4].

A culinary preference survey from GoodStats shows that 71.4% of young people actually like to eat local food [5]. However, survey results from Populix show that as many as 61% of Generation Z bought food offline from restaurants or cafes (takeaway), 55% bought food via online services, and 47% ate food that is available at home [6]. This survey proves that the younger generation does not spend much time in the kitchen cooking their food. The existence of instant spices that are easy to find in the nearest stall, minimarket, or supermarket also makes it easier for them to cook without having to bother preparing the natural spices needed. These conditions result in the younger generation rarely seeing and using natural herbs and spices that are part of their cultural wisdom.

The young generation's low enthusiasm for getting to know and making further use of Indonesian spices is due to their busy activities and the mindset that getting to know herbs and spices is useless nowadays. So far, the medium that contains insight into Indonesian spices still does not encourage the younger generation to want to take action. Delivered that is less related to their environment also makes spices less able to attract the hearts of Generation Z. On the other hand, current media developments show the young generation's desires and needs for unique, creative, and innovative media.

Based on this, there is a need for innovative educational media that can encourage the younger generation to learn more about Indonesian spices. According to the Lecturer at the Bandung Institute of Technology, Aria Bayu Pangestu, and the Laboratory of Educational Games team at the School of Business Management, Bandung Institute of Technology, the interactive educational media that best suits the character of today's young generation are games [7]. This opinion supports the current reality that the younger generation is at the phase where they play frequently. They also like a medium that entertains and can strengthen their social relationships with others. Board games that apply blended learning and gamification strategies are suitable media because this type of game provides a learning experience while playing directly that is more memorable.

Therefore, the result of this design is a board game as an interactive educational medium that will introduce 20 types of spices in Indonesia. The spices that are the main content of the board game are spices that are cultivated in Indonesia and commonly used as culinary spices in the country. This media design will focus on board components supported by direct interaction with miniature spice replicas. This media aims to help Generation Z become more familiar with Indonesian spices in the scope of typical Indonesian culinary delights.

### 2 Research Methods

The type of research used is qualitative, a method that emphasizes descriptive planations to understand the phenomena experienced by the research subjects as a whole [8]. The data needed

in thi design are primary data and secondary data. Primary data are the original data obtained from interviews, observations, and questionnaires. Secondary data refers to data obtained from existing writings by conducting literature studies from e-books, physical books, journals, articles, social media, and internet sites.

For data collection techniques, there were interviews with an Indonesian culinary expert, William Wongso, and a board game designer, Adhicipta R. Wirawan. On the other hand, the resource person and the subject of this research is Generation Z in the age range of 15-24 years and is used to or has a hobby of cooking or culinary arts. Interviews with them discussed their cooking habits, obstacles to using spices, and their curiosity about Indonesian spices in the culinary field. Researchers also interviewed one of the game masters from Tabletoys Boardgames Library, Café, and Store in Surabaya regarding Generation Z's behavior towards board games. The observation technique was carried out by directly examining the characteristics of the spices selected and observing the target audience's behavior towards the design object. The questionnaires distributed to them contained questions about the target's daily lives and a short quiz to find out the extent of their knowledge of Indonesian spices. Literature studies refer to information about the spices and a board game design method.

For data analysis, the methods used are Why Test, 4P, and SWOT. The Why Test method aims to gain insight from the target audience as a reference for designing a board game to suit the needs of Generation Z. In addition, the 4P method will analyze production, approach game design strategy. Finally, the SWOT method aims to identify the strengths, weaknesses, opportunities, and threats related to board game design.

### 3 Result and Discussion

### 3.1 20 Types of Indonesian Spices

The characteristic of Indonesian culinary taste comes from the spices used. With vibrant, complex, and diverse characteristics, Indonesian food is famous for its mouth-watering taste [9]. Of the hundreds of spices available, there are 20 types of spices commonly used in Indonesian dishes. The 20 types of spices used are white pepper, nutmeg, candlenut, cardamom, coriander, black nut, turmeric, ginger, galangal, aromatic ginger, Indonesian cinnamon, lemongrass, Indonesian bay leaf, kaffir lime leaf, clove, torch ginger, shallot, garlic, red bird's eye chili, and tamarind.

Processing Characteristics Name Binomial Name Local Names Food Method(s) Example(s) White pepper Piper nigrum Lada putih, Pale white, dense Grind, Various texture, round granules soups, fried L. merica, pedes mash bodas. with a wrinkled seed foods sahang surface Nutmeg Myristica Pala Shiny brown, round to Pound. Sop konro, fragrans Houtt sop buntut, oval in shape and grate, grind rendang wrapped in red mace Candlenut Aleurites Kemiri, Brownish, round or Roast, Savur moluccana slightly flattened, hardmash muncang. asem, skinned, rough-shelled

Table 1. 20 Types of Indonesian Spices

		hambiri, kereh			rendang,
Cardamom	Amomum	Kapulaga,	Yellowish white,	Mash	opor ayam Soto
Cardamoni	Compactum	palogo,	elongated oval shape, the	IVIASII	Padang,
	Soland, ex	kapol,	seeds are small brown or		sop konro
	Maton	kapolaha,	black		sop komo
	- Transin	palagha	orack		
Coriander	Coriandrum	Ketumbar,	Brownish yellow, small	Roast,	Nasi
	sativum L.	tumbar,	round or tends to be oval	mash	kebuli,
		katuncar,			gudeg, soto
		katombhar			Betawi
Black nut	Pangium edule	Keluak,	The seed coat has a hard	Brew in hot	Rawon,
	Reinw.	kluwek,	brownish-gray shell,	water	pindang
		kepayang,	while the seed flesh is reddish brown or		sapi Kudus
		picung	blackish and has a flat		
			oval shape		
Turmeric	Curcuma	Kunyit,	Brownish on the skin and	Mash.	Nasi
Turmerie	domestica Val.	kunir, kunyir,	dark yellow or orange-	blend	kuning,
	domestica var.	koneng,	vellow on the flesh,	Ciciia	kare ayam,
		konyet	shaped like a curved		soto ayam,
			cylinder		sate lilit
Ginger	Zingiber	Jahe, jae,	Yellowish white, large in	Cut, slice,	Ayam
	officinale	halia, jahi,	size, and shaped like	mash,	woku,
	Roscoe	bahing, jhai,	fingers with bulging	bruise	pepes ikan,
		melito	segments		pallu basa
Galangal	Alpinia	Lengkuas,	Brownish on the skin,	Slice,	Ayam
	galanga	laos, kelawas,	white on the flesh, thick,	grate, chop,	goreng
		laja, lahwas	hard, and cylindrical	mash	lengkuas, sayur lodeh
Aromatic	Kaempferia	Kencur,	Brown skin and	Pound,	Seblak,
ginger, sand	galangal L.	cikur, ceku,	vellowish white flesh,	grate, grind	karedok
ginger, sand	garangar E.	cekor, tekur.	dense texture, smaller	grate, grina	Raicdok
88		kencor	and rounder than ginger		
			and turmeric		
Indonesian	Cinnamomum	Kayu manis,	Brownish and shaped	Use whole,	Tengkleng,
cinnamon	burmanii	kaninggu,	like small rolls	grate,	tongseng
		kiamis		mash, grind	sapi
Lemongrass	Cymbopogon	Serai, sereh,	Greenish white, long,	Slice,	Ayam
	citratus DC.	threue, sare	and bulging at the base	mash,	taliwang,
			of the stem	bruise	ayam pop
Indonesian	Syzygium	Daun salam,	Dark green to light	Use whole,	Ayam
bay leaf	polyanthum	gowok,	green, oval to elliptical,	grind	betutu,
	(Wight) Walp.	manting	tip and base tapered,		semur
Kaffir lime	Citrus hystrix	Daun jeruk	spine pinnate  Dark green, figure eight	Use whole.	daging Gado-gado,
leaf	DC.	purut	shaped, serrated edges,	slice	pindang
rear	DC.	Pulut	tapered tip	Silec	sapi Kudus
Clove	Syzygium	Cengkeh,	Blackish brown, short-	Use whole,	Ayam
	aromaticum	cangkih,	stemmed, and has four	bruise,	betutu,
	(L) Merrill &	cengke	petals with a small ball at	mash	tengkleng
	Perry.		the ends		

Touch sincer	Eslima ana	Vaaamhmana	Dink and shoned like a	Cut, slice	Arsik ikan
Torch ginger,	Etlingera	Kecombrang,	Pink and shaped like a	Cut, since	
red ginger	elatior	combrang,	bud that tapers upwards		mas
lily		honje			
Shallot	Allium cepa	Bawang	Purplish red, small, oval-	Slice, chop,	Bawang
	L. var.	merah,	shaped	bruise,	goreng,
	aggregatum	brambang		mash, fry	sate ayam
		abang			
Garlic	Allium sativum	Bawang	Yellowish white, almost	Slice, chop,	Ayam
	L.	putih,	round and clustered,	bruise, fry,	woku, mie
		bhabang	consisting of several	mash, grill	celor
		pote, bawang	cloves wrapped in a		
		bodas	membrane		
Red bird's	Capsicum	Cabai rawit	Red to orange, small,	Slice, mash	Sambal,
eye chili	frutescens L.	merah,	elongated with a pointed		asem-asem
*	ľ	lombok	or conical tip		daging
		japlak,	_		
		cengek			
Tamarind	Tamarindus	Asam jawa,	The flesh is brownish in	Dissolve in	Tahu
	indica L.	asem, asang	the form of a dense paste	warm	gejrot,
		jawa, accem		water	pempek

### 3.2 Opinions from Indonesian Culinary Experts About Spices

In October 2023, researchers interviewed an Indonesian culinary expert, Mr. William Wirjaatmadja Wongso. According to him, how important it is to study spices for the younger generation depends on what profession they want to pursue. If they want to pursue a job like a chef, it would be better if young people learn to use spices in whole form or from scratch. Meanwhile, for jobs outside of that, young people can start learning from ready-made seasoning before exploring whole spices. The standard seasonings are basic Javanese seasonings, such as red base, white base, and yellow base seasoning. Natural herbs and spices have the advantage that their aroma and taste are sharper than instant and ready-to-use ones. The amount of spices used in recipes from each region has different proportions. As the most famous spice-producing region, Maluku residents rarely use herbs and spices in its regional cuisine. Not only that, the various existing spice processing techniques also provide different effects in cooking.

### 3.3 Elements, Types, and a Method of Designing Board Games

Formal and dramatic elements are two elements that are the basis for making board games. 2) rmal elements are mandatory elements that must be present to create a complete game system. Formal elements include players, objectives, procedures, rules, resources, conflict, boundaries, and outcomes. Meanwhile, dramatic elements are non-obligatory elements that can help create a more emotional and meaningful playing experience. Dramatic elements include challenge, play, premise, and characters [10]. Besides that, there are several types of board games, including strategy games, family games, party games, abstract games, thematic games, and children's games [11].

One method for designing board games is the MDA (Mechanics-Dynamics-Aesthetics) Framework method. Mechanics are concrete components that allow players to carry out actions, including genre, objectives, and levels. Dynamics are interactions or responses between players and the mechanisms in the game, generally including storyline, characters, and challenges.

Meanwhile, aesthetics is the emotional response produced by players to the dynamics of the game, generally including sensation, fantasy, and expression. In the MDA Framework, designers use the M-D-A (Mechanics-Dynamics-Aesthetics) approach. On the other hand, players use the A-D-M (Aesthetics-Dynamics-Mechanics) approach [12].



Fig. 1. MDA Framework.

## 3.4 Board Game Opportunities and Trends According to Board Game Designer and Game Master

The interview with Ms. Michelle, a game master at Tabletoys Boardgames Library, Café, and Store Surabaya in September 2023 shows that Generation Z is still interested in playing board games. This statement is in line with the fact that board game cafes are busy with visitors, especially on weekends. Usually, Generation Z comes to play with their friends or partners. This generation usually looks for easy-level board games because they can play them with relaxation. Their preferences for themes and types of board games tend to be flexible. They can spend around 3-4 hours playing in board game cafes. The two main things that attract Generation Z's interest in playing a board game are the visuals of the product and the emotional way of playing.

In October 2023, researchers also interviewed Mr. Adhicipta R. Wirawan, one of the board game designers of Waroong Wars. The results show that board games are a timeless medium that will continue to develop because many exhibitions for board games have appeared. Not only that, the theory that humans are 'playing creatures' (*homo ludens*) also supports the condition that board games will always have fans. From his observations, many board game cafes are popping up where 90% of the visitors are Generation Z. Several new trends for board games are also starting to emerge, including connecting board game components with applications to the presence of hologram and Augmented Reality (*AR*) elements.

### 3.5 Survey and Interview Results with Generation $\boldsymbol{Z}$

In August 2023, there was a survey regarding Generation Z's daily lives and their knowledge of Indonesian spices. This survey with 44 respondents aged 17-22 showed that 88.6% of the total respondents thought that young people today did not know Indonesian spices well. The main reasons are that the younger generation rarely cooks, they like to use instant herbs and spices, and they have difficulty recognizing and differentiating various types of typical Indonesian spices. In the middle of the survey, researchers gave a quiz that asked respondents to answer the names and functions of five spices based on the photos provided, including turmeric, galangal, nutmeg, black nut, and cloves. The quiz results in the table below show that the target audience still has limited knowledge about spices.

Table 2. Quiz Results about Spices

		200		3	验
Correct answers (name and function)	14 answers	11 answers	4 answers	16 answers	10 answers
Correct answers (either name or function)	8 answers	9 answers	5 answers	4 answers	11 answers
Ambiguous answer(s)	2 answers	2 answers	2 answers	0 answer	0 answer
Wrong answer(s)	14 answers	15 answers	4 answers	6 answers	1 answer
"Don't know" answers	6 answers	7 answers	29 answers	18 answers	22 answers
	44 answers				

Then, of the 44 respondents who filled out the survey, a sample of 4 people was taken as sources who were interviewed further in August-September 2023. The 4 sources, Aileen, Maria, Cindy, and Kevin, are part of Generation Z who love cooking. The answers of the four interviewees showed that their busy lives made them finally accustomed to using instant spices to cook simple foods such as fried rice, vegetable soup, and fried chicken. This situation prevents them from recognizing various natural spices and exploring more complex dishes. Not only that, limited knowledge also makes them afraid to try cooking with natural herbs and spices. From further discussion, they said that they did not know how to process spices, what dishes to use them in, and related substitutes for herbs and spices.

Still with the four sources, interviews were conducted regarding board game media. Based on interview answers, they are the type of person who is neutral and willing to be invited to play board games. They can also take the initiative to invite others to play if there is an attractive board game. They also did not limit themselves in choosing the type or theme they wanted to present. When choosing a board game, the main thing they pay attention to in the product is the visuals and how to play it.

### 3.6 Why Test Result

The why test ladder aims to find insight from the target audience, namely Generation Z aged 15-24. An audience insight obtained is that Generation Z is less familiar with spices because they feel that knowing about them does not benefit their lives.

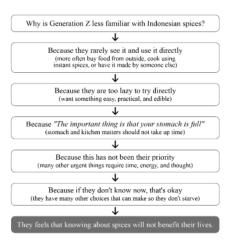


Fig. 2. Why Test Result.

### 3.7 4P Method

Each aspect of the 4P method (product, price, place, and promotion) aims as a reference for designing a board game with the topic of spices that suit field conditions and meet the needs of Generation Z. These aspects are described in the table below.

Table 3. 4P Method for Board Game Design

Product	Price	Place	Promotion
1. Number and age of players: 2-4 players, 15+	1. Product price: Rp300.000 – Rp400.000	Offline store:     If possible, it     will be	Direct marketing:     Social media     marketing via
2. Play duration: + 45 minutes	Pricing strategy:	distributed to several board	Instagram and TikTok
Category: Strategy game	Promotional pricing by	game cafes	Sales promotion:     Will participate in
4. Components: 20 kinds of spice miniatures, 15 surprise cards, 5 idol cards, 20 auction	giving special prices for special events or	Marketplace:     Shopee and     Tokopedia	board game exhibitions or bazaars
cards, 40 recipe cards, 40 food tokens, 2 market boards,	big days		Advertising: Make video trailer and will
4 kitchen boards, banknotes	3. Payment		upload it to the YouTube channel
and coins, 1 miniature market bag	method: Cash and cashless		1 ou i ube channei
5. Level: Easy			4. Public Relation: Inviting related
6. Packaging: Telescoping box			organizations to work together in promoting products
with hardboard material			products

### 3.8 SWOT Method

Each aspect of the SWOT method (strengths, weaknesses, opportunities, and threats) aims to determine the approximate conditions or situations that could occur if the board game has been designed and published. These aspects are described in the table below.

Table 4. SWOT Method for Board Game Design

Strengths	Weaknesses	Opportunities	Threats
1. Has a unique	Product awareness	1. There is still a lack	Competition with
component in the	is still low	of board games with	other board games
form of miniature	It takes a little	the theme of	from well-known
spices that resemble	longer for	Indonesian spices	publishers
their original form	production because	2. The existence of a	2. Competition with
<ol><li>Easy game levels that</li></ol>	some components	board game cafe or	other cheaper board
are suitable for all	are handmade	special board game	games
groups		event can be used	
		for promotion	

### 3.9 Product Design Recommendation

Various studies and existing data show that Generation Z is less familiar with Indonesian spices because they rarely see and use them directly. Educational media that can introduce spices interactively and according to the Generation Z character are games, especially board games. As an offline game, board games can provide a playing experience while getting to know the shape of spices directly. The experience of playing a spice-themed board game will be easier to accept and leave an impression on memory.

Therefore, the board game's title that will designed is *Amborasa*, an abbreviation of *Amboja Rempah Nusantara*. The word *Amboja* comes from Sanskrit and means to serve food. Overall, *Amborasa* means serving food with rich Indonesian spices. The Amborasa board game is a strategy game with component types consisting of various miniatures, boards, and cards. This easy-level board game is for 2-4 individual players and one person as the game master. The estimated total duration for playing is above 45 minutes. The visual style used is a semi-realist vector illustration style with brown and golden-yellow colors. The traditional visual concept will be repackaged into a more modern one so that it is easier for Generation Z to accept and will not be considered an old-fashioned concept.

### 4 Conclusion

Generation Z's low interest and busy activities do not allow them to learn more about spices. Spices are ingredients that play a key role in the dishes they consume every day. Knowledge about spices can also make it easier for Generation Z when they want to cook their own healthier food with a variety of tastes. The Amborasa board game design recommendation aims to answer existing problems by creating game media that can introduce Indonesian spices to Generation Z. In the future, there will be a trial of the final board game design on the target audience.

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